

Committee on Councils

Virginia Delos Reyes, MD, FPCCP
Vice President



Council on Asthma

Chair: Eileen G. Aniceto, MD FPCCP

Education and Training:

by Clinical Resources Committee and Patient Resources Committee

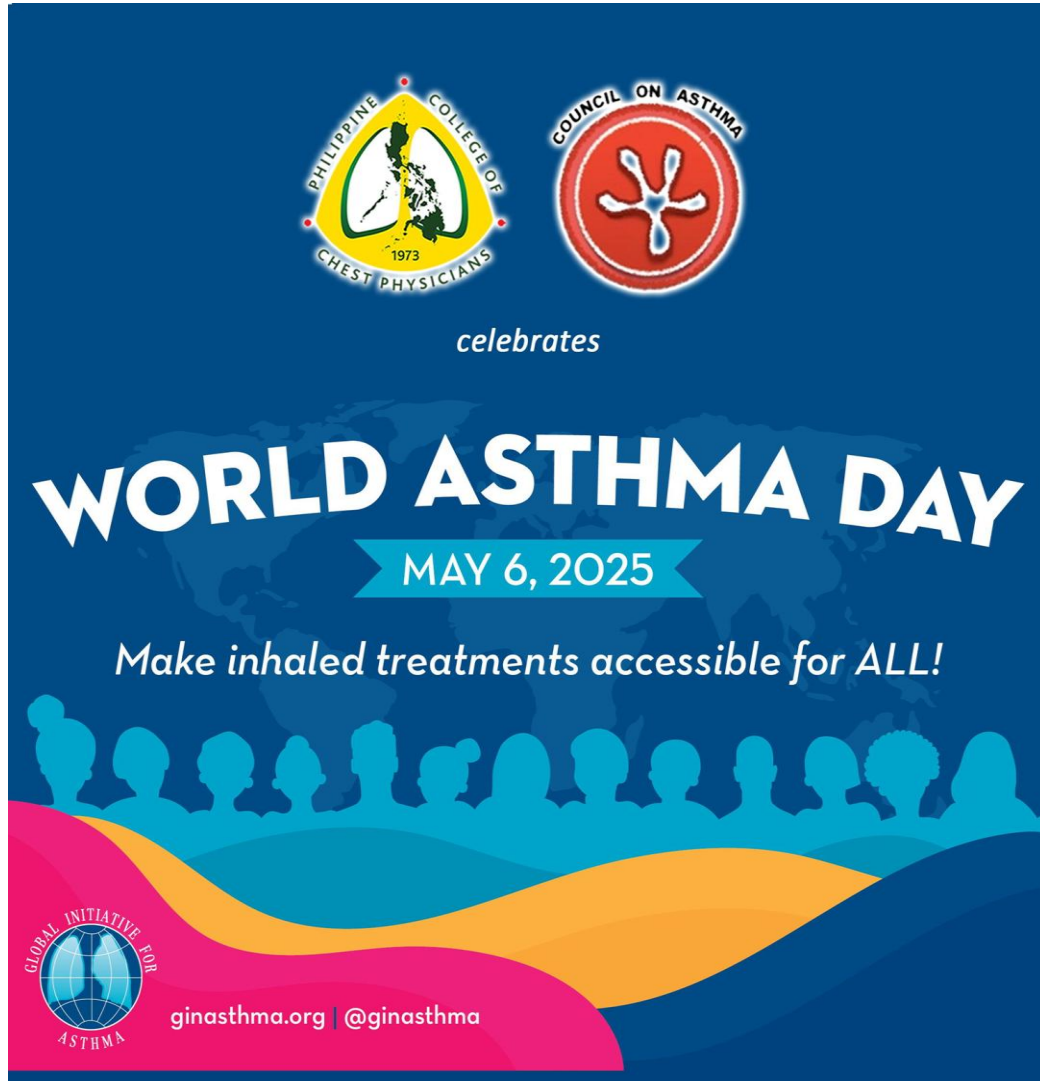
ACTIVITY, 2025	DETAILS	REMARKS	
Webinar: Zooming in on Inhaler Therapy	May 2, 2025 165 attendees 222 zoom attendees	Lecturers: Dina V. Diaz and Eileen Aniceto Moderator: Twinkle Adiaz	
Radio talk show	May 3, 2025 360 views	Host: Dra. Luisa Speaker: Peachy Natividad	
Webinar: Usapang Hika	May 3, 2025 171 Registrants 1.8K FB Live attendees	Speakers: Jun Partosa Giselle Pattaguan Gary Genilo Carla Barbon Moderator: Cynthia Talla	

Advocacy:

by Advocacy Committee

ACTIVITY, 2025	DETAILS	REMARKS	
World Asthma Day Celebration	May 6, 2025 PCP Convention Exhibit Area	Educational games Prizes: PEFr, Asthma Diary, Asthma Action Plan	
PCCP Asthma Fair	August 16, 2025 PCCP Office Usapang hika slides provided by the patient resources committee	Attended by 28 patients 30 fellows 3 pharma sponsors	
Facebook PCCP Asthma Support Network	Launched in August 16, 2025 Currently with 410 members	Education videos (2 uploaded) submitted by Patient resources committee Moderated by Advocacy Committee Chair	

May 6 World Asthma Day



PHILIPPINE COLLEGE OF CHEST PHYSICIANS 1973

COUNCIL ON ASTHMA

celebrates

WORLD ASTHMA DAY

MAY 6, 2025

Make inhaled treatments accessible for ALL!

GLOBAL INITIATIVE FOR ASTHMA

ginasthma.org | [@ginasthma](https://twitter.com/ginasthma)

The banner features a blue background with silhouettes of diverse people at the bottom. It includes logos for the Philippine College of Chest Physicians, Council on Asthma, and Global Initiative for Asthma. The text is in white and yellow, with a blue ribbon containing the date.



Asthma Fair



PHILIPPINE COLLEGE OF CHEST PHYSICIANS
COUNCIL ON ASTHMA - PCRAOM

PCCP CELEBRATES

Asthma Fair 2025

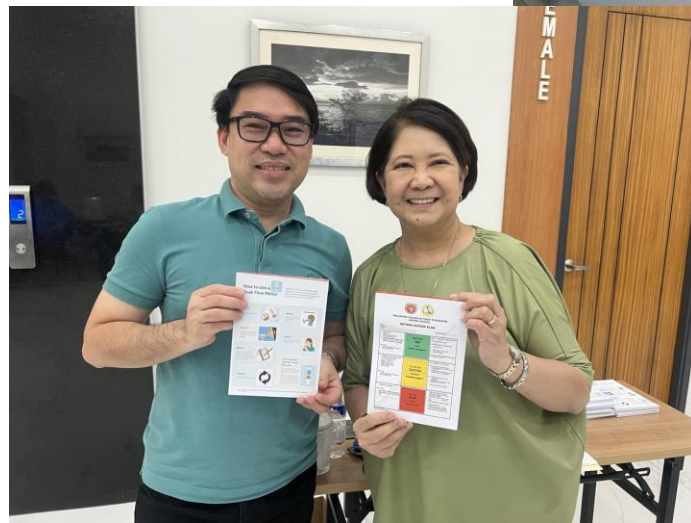
9AM-12 NN

LAY FORA EDUCATIONAL BOOTHS GAMES AND MANY MORE!

AUG 16, 2025 SATURDAY

PCCP HEAD OFFICE
84-A MALAKAS ST. QC

REGISTER HERE
<http://bit.ly/4570UBm>





Group by Pccp Headoffice

PCCP Asthma Support Network >

Public group · 410 members

Asthma Council Christmas Party



Research

ACTIVITY, 2025	DETAILS	REMARKS	
Research Agenda	Severe Asthma Registry		For development
	Community Survey: Identifying Gaps in Asthma Knowledge	Purpose: To assess understanding of asthma management, identify misconceptions, and inform culturally tailored educational resources.	For development

Future Activities: Education and Training

ACTIVITY	DETAILS	REMARKS	Targets 2026
PCCP Obstructive Airways and Inhaler Therapy for Clinical Pharmacists	May 26, 2026 Lanson Place, MOA complex	Collaboration with councils on COPD and DATS	300 clinical pharmacists
GINA Updates for Pulmonologists	No dates yet Developed for Pulmonologists	Chair: Belle Siasoco Mambers: Lito Lanzona, Lito Posas, Peachy Natividad, Dina Diaz	Target: 3 workshops for 2026 Training Institutions NCR Luzon
PCCP Asthma training workshop for Primary Care Physicians	No dates yet Developed for Primary Care Physicians	Chair: Coleen Gulay	Target: 3 workshops for 2026

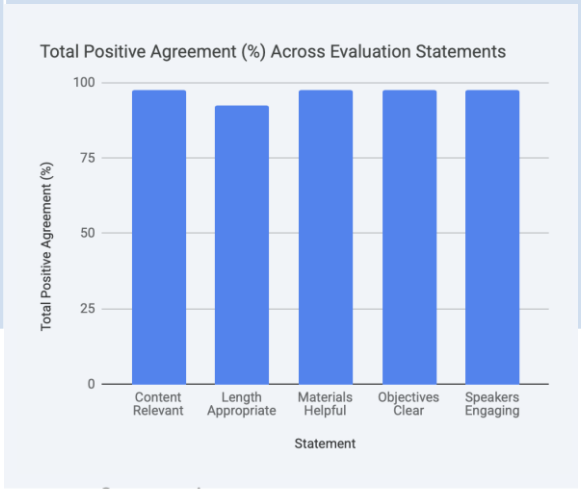
Council on Health Informatics and Social Media

Council Chair: Gwen Dy-Agra, MD, FPCCP



EDUCATION AND TRAINING

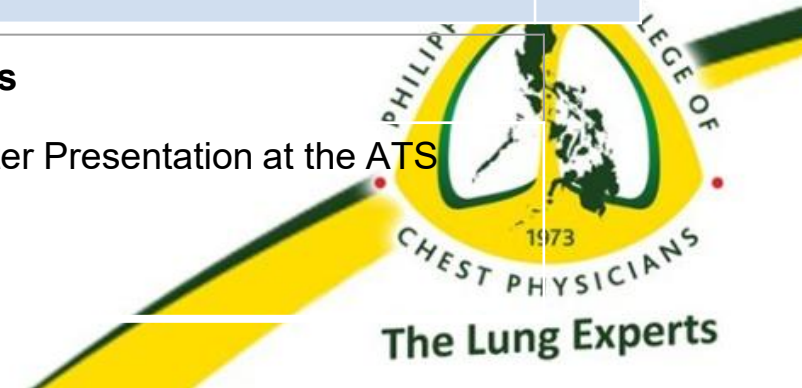
ACTIVITY	DETAILS (date of event; target attendees)	REMARKS	
DATA for Health Care Digital Skills, Advancing Technology and AI in Health Care	Aug 29, 2025 Unilab Bayanihan	Forged collaboration with local and international personalities from different sectors 75 participants, attendees not only from Pulmo but other subspec including Pedia Pulmo Dr Hean Ooi Malaysia, Taiwan, WHO Katherine Magsanoc , Philippine Star Jed Chua, Data Security	



ADVOCACY

ACTIVITY	DETAILS (date of event; target attendees/participants)	REMARKS
World Pneumonia Day X Chat	Nov 2025	Participants discussed key issues in public awareness and clinical capabilities of HCWs and institutions. Online interaction with Dr. Catia Cilloniz (chair of Pneumolight) Dr. Jeremy Richards (Harvard Medical School, ATS Section on Medical Education)
World Pneumonia Day Social Media Buildup	Nov 2025	continuously compiling materials for Nov 2026
Participation in APSR 2025 Publicity Team	Live Xting, Social Media reposts	

RESEARCH ACTIVITY	Details	Remarks
Comparison of AI and FAQs Answers in the GOLD Guidelines in the Dx and Mgt of COPD	completed Dec 2025 Dr. Aura Gonzales CSMC	For Poster Presentation at the ATS 2026

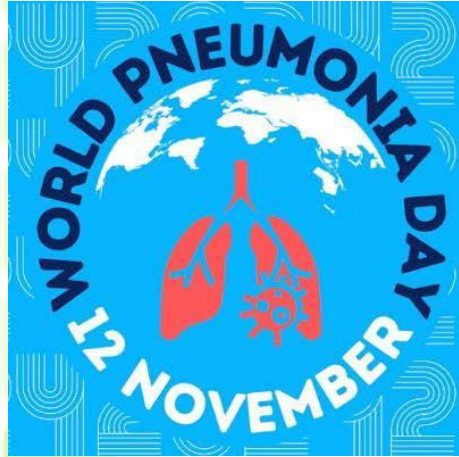


FUTURE PLANS

- Participation in the PCCP Annual Congress 2026
CS on “Exploring the Intersection of Artificial Intelligence, Preventive Medicine and Ethical Challenges in Future Healthcare (*Panel Discussion*)”
March 4, 2026
- Online collaboration Meeting with **ERS mHealth/eHealth**
section of ERS Assembly 1 March 7, 2026



FUTURE PLANS



Will coordinate activities for World Pneumonia Day 2026 “Pneumolight” together with Lung Infection Council, Nov 2026
Social Media and Digital Support



Annual event + pocket workshops
Workshop 1:
May 2026: Creating reels and infographics workshop (talks with Pfizer)



PICTURES



PICTURES

DATA in Healthcare

Featured in the PhilStar's health blog dated Sept 5 2025



Many Filipinos turn to Google or Facebook groups when they feel unwell. They crowdsource symptoms, ask for advice, and sometimes self-medicate.

It's quick but not always reliable, which is why responsible use of technology matters.

This was the focus of "DATA: Digital Skills, Advancing Technology, and Artificial Intelligence for Healthcare," a forum hosted by the Philippine College of Chest Physicians (PCCP) on August 29, 2025, at the UNILAB Bayanihan Center.

The event explored how AI can be redefined and maximized in medicine, while also tackling medical content creation, digital tools, and everyday wellness.

"Being aware of the opportunities and challenges of social media, mobile apps, and AI is very important," said PCCP President Dr. Jubert Benedicto. "Used wisely, these tools help us communicate better and deliver meaningful messages to the communities we serve."

ARE HEALTH WEARABLES NECESSARY? THE ANSWERS HERE.

From Artificial to 'Assisted' Intelligence

Pulmonologist and intensivist Dr. Hean Ooi framed AI not as a tool to replace doctors, but as a form of "assisted intelligence."

"In the medical landscape, AI is being used to improve clinical efficiency and operations, gain new insights, and even help in pulmonary risk predictions," he explained.

AI powers chatbots and other advancements, such as X-ray readers, allowing doctors to save time and discover new ways of caring for patients.

"Take the COVID-19 as an example," Ooi added. "Vaccines were developed faster thanks to technology."

Dr. Cristina Marañon, also an academician at the University of Santo Tomas (UST), offered another take on how AI can be harnessed in medical education.

"We can only achieve its full potential if we use it correctly," she noted. "Carefully crafted prompts and recommended apps, such as Gemini, Elicit, and ChatPDF, can make medical research faster and more convenient."

READ: How AI is Transforming Healthcare

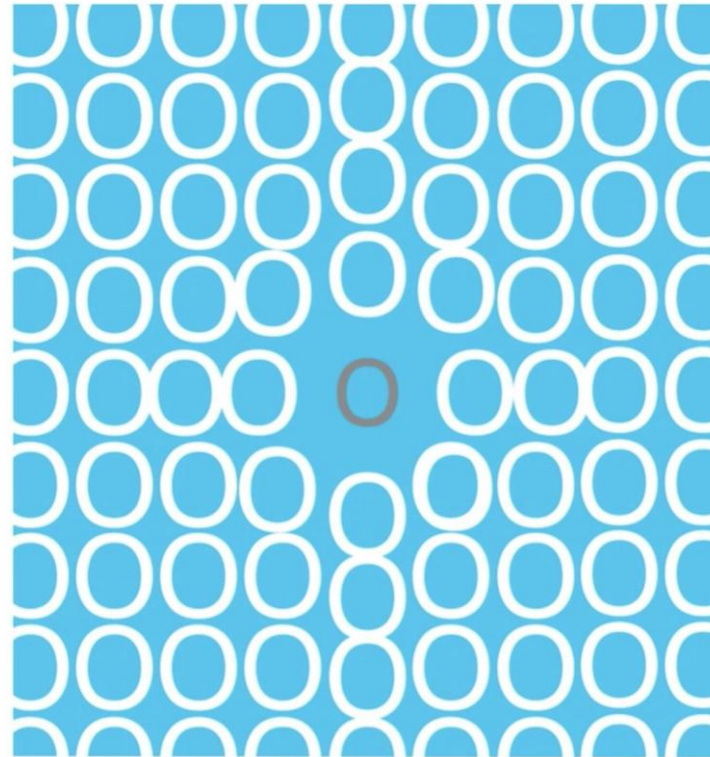
The Digital Prescription: AI, Apps, and Tools Shaping Smarter Healthcare

Explore how AI, apps, and digital tools are transforming healthcare in the Philippines.

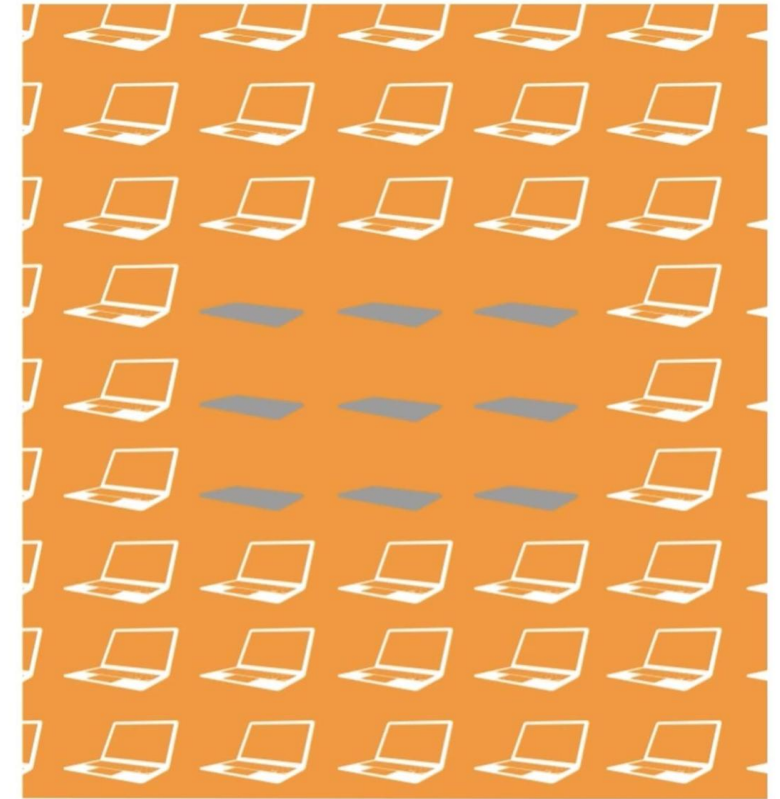


<https://joyfulwellness.ph/health-and-innovation/2025/09/04/1324/the-digital-prescription-ai-apps-and-tools-shaping-smarter-healthcare/>

PICTURES



but a pneumonia patient fights
for every single one.



Your 9-to-5 breaths become a struggle
when pneumonia hits the clock.

PICTURES

← **Earl Louis Sempio** 3.2K posts

Posts Replies Videos Photos

Earl Louis Sempio @earlouis... · 11/13/25 ✕
In observance of World Pneumonia Day, I'm hosting a 1-hour live [#Tweetchat](#) tonight.
📅 Nov 13 | 9:00 PM PST
THEME: Enhancing Diagnosis, Oxygen Needs, & Tackling Resistance.
Join the conversation with the [#APSR2025](#) community!
Use [#PneumoniaChat](#) to participate.

Tonight, join us for a crucial World Pneumonia Day

#Tweetchat!



Life-Saving Strategies:
Better Diagnosis,
Oxygen Access,
&
Wise Antibiotics:

TONIGHT

at 9:00 PM PST (Philippine Standard Time)

Don't miss this high-impact discussion alongside APSR2025 delegates. Just bring your questions and insights

← **gwen.mom.md** 6.6K posts

Posts Replies Highlights Videos Photos Arti

↳ You reposted

patrick moral @ericmoral · 11/13/25 ✕
Guidelines still emphasize a good history and physical exam. This should help you stratify and empirically cover the suspected pathogens. [#PneumoniaChat](#)

Earl Louis Sempio @earlou... · 11/13/25
Q1: Better Diagnosis

We need faster ways to diagnose pneumonia! Aside from the usual X-ray, what quick tests or tools are you finding u...

↳ You reposted

patrick moral @ericmoral · 11/13/25 ✕
A bit late to the discussion it non pharmacological approaches like fans should alleviate the dyspnea partly and decrease oxygen consumption. Early antimicrobial treatment for bacterial pneumonia though is key. [#PneumoniaChat](#)

Earl Louis Sempio @earlou... · 11/13/25
Q2: Oxygen Access

← **gwen.mom.md** 6.6K posts

Posts Replies Highlights Videos Photos Arti

Jeremy Richards, MD, MA, F... · 11/13/25 ✕
Replying to @earlouismd @gdyagra and 7 others
It's appropriate to step down once the patient is clinically improving (afebrile, hemodynamically stable, less/resolved SOB, & oxygen needs are decreasing) and/or they've completed a short, guideline-based (usually 5-7 days) course of antibiotics [#PneumoniaChat](#)

↳ You reposted

Jeremy Richards, MD, MA, F... · 11/13/25 ✕
A3: Use antibiotics wisely by 1) starting broad *only* when bacterial pneumonia is likely, 2) narrowing once cultures, antigen tests, and/or clinical data clarify the cause, & 3) stopping when the patient stabilizes, fevers resolve, & a 5-7 day course finishes [#PneumoniaChat](#)

↳ You reposted

Jeremy Richards, MD, MA, F... · 11/13/25 ✕
Replying to @ericmoral
I like the *fan* suggestion a lot! 🙌 And, I've always liked the physiology as to how fans can relieve dyspnea: Airflow from fans stimulate facial & trigeminal airflow receptors, *tricking*

PICTURES

THE LANCET Global Health

This journal

Journals

Publish

Clinical

Global health

Multimedia

COMMENT · [Online first](#), November 11, 2025 · [Open Access](#)

The pneumonia challenge: time to end the global neglect

[Catia Cillóniz](#)^{a,b,c}  · [Markus Fally](#)^{d,e} · [Scott Evans](#)^f · [Guinevere Dy-Agra](#)^g the [Pneumo-Strategy group](#)[†]

[Affiliations & Notes](#) ▾

[Article Info](#) ▾



Council on COPD

Council Chair: Stefanni Nonna Paraguas, MD, FPCP, FPCCP





PCCP
COUNCIL ON
COPD



September 2025 – February 2026

- **International Cardio-Pulmonary Risks (iCPR)**
- **Lecture Series (Conventions, Post Graduate Course, Round Table Discussion)**
 - **APSR Manila 2025**
 - **WORLD COPD DAY 2025**
- **WATSONS (in partnership with Asthma, Lung Cancer, Diagnostics and Therapeutics Council)**
 - **HTAA**
 - **Research**



PCCP
COUNCIL ON
COPD



EDUCATION AND TRAINING

- Pulmonary Rehabilitation and CPET Workshop (in coordination with Pulmonary Rehabilitation Council)
 - International Cardio-Pulmonary Risks (iCPR)
- Lectures (Conventions, Post Graduate Course, Round Table Discussion)


Council on COPD

PROJECT	Pulmonary Rehabilitation and CPET Workshop (in coordination with Pulmonary Rehabilitation Council)
Objectives	<ul style="list-style-type: none">• Discuss the different components of pulmonary rehabilitation and the necessary tools to assess the efficacy of PR• Acquire necessary skills on how to perform assessment of important outcomes in pulmonary rehabilitation• Describe the indications and conduct of cardiopulmonary exercise testing (CPET) and its basic interpretation
Target Output	Increase knowledge on PR and CPET for FITs, PCCP members and allied healthcare professionals
Strategies to Achieve Objectives	Face to Face and Zoom link for PCCP members and Allied Health Professionals (RT, PT, Nurses)
Success Indicators	Attendance (307 participants)
Project Cost	none
Timelines	22 August 2025
Source of Funding	in partnership with MEDEV (COSMED)

Council on COPD

PROJECT

Pulmonary Rehabilitation and CPET Workshop (in coordination with Pulmonary Rehabilitation Council)



Pulmonary Rehabilitation and Cardiopulmonary Exercise Test (CPET) Workshop

Course Overview

- Overview of Pulmonary Rehabilitation
- Outcome Assessment
- 6-Minute Walk Test
- Incremental Shuttle Walk Test
- Cardiopulmonary Exercise Test (CPET)
- Education and Self-Management
- Exercise Training and Prescription
- Interactive Case Discussion

SAVE THE DATE!

22 August 2025
8:30 am - 4:00 pm
VENUE: PCCP Office



Council on COPD

PROJECT	International Cardio-Pulmonary Risks (iCPR)
Objectives	Deepen the integration of the cardiopulmonary risks in Chronic Obstructive Pulmonary Disease
Target Output	Experts understand the interplay between the heart and lungs as a driver in disease outcomes for both HF and COPD
Strategies to Achieve Objectives	Lecture series in the specialty chapters; presence in congress events with AZ
Success Indicators	Attendance of PCCP member chapters
Project Cost	none
Timelines	1 st & 2 nd Quarter 2025: Central Luzon ; Central Visayas 2026: resumption of iCPR lectures to the different PCCP Chapters
Source of Funding	In partnership with Astra Zenica and Philippine Heart Association

Council on COPD

PROJECT	Education
Objectives	Increase awareness on COPD for <ul style="list-style-type: none">- patients and their caregivers- physicians and allied health professionals
Target Output	Increase knowledge and enhance public awareness on COPD
Strategies to Achieve Objectives	<ul style="list-style-type: none">• Engage in interviews with mainstream and online media• Involvement in conventions, post graduate courses• In partnership with pharmaceutical companies
Success Indicators	Attendance during conventions and post graduate courses
Project Cost	none
Timelines	Annual conventions, Post Graduate courses in PCP; PCCP; PAFP and other Allied health professionals' activities (RT, RN)
Source of Funding	none

Council on COPD

PROJECT



Education (Topics)

- COPD CPG 2023 Update
- Cardiopulmonary Risk in COPD
- Diagnosis and Treatment Approach in COPD
- Climate Change and COPD
- COPD Management at the Frontline
- Current and Emerging Biologic Therapies in COPD
- COPD and Dyspnea
- COPD in the Elderly
- COPD and OSA

Council on COPD

PROJECT



Education (Topics)

- GOLD 2026 Applied to low resource settings
- Current Status of COPD in the Philippines
- COPD-P (COPD by Biomass Smoke Exposure)
- Tipanan: APSR Laymen's Forum on COPD and Pulmonary Rehabilitation
- +=+=+=+=+=+=+=+=+=+=+=+=+=+=+=+=
- Poster Presentation
- Oral Presentation
- Judge for Oral and Poster Presentation

Council on COPD

PROJECT

Education (in partnership with Pharmaceutical companies)

FLUIMUCIL FORUM 2025

Portraits

SNAPSHOTS OF PULMONARY DISEASES

PROGRAM SCHEDULE

REGISTRATION

- 8:00 AM - 8:30 AM: Opening Ceremonies

SESSION 1: COPD PERSPECTIVE

- 8:30 AM - 9:00 AM: Overview
- 9:00 AM - 9:30 AM: Keynote
- 9:30 AM - 10:00 AM: Panel Discussion
- 10:00 AM - 10:30 AM: Q&A Discussion
- 10:30 AM - 11:00 AM: Coffee Break & Networking
- 11:00 AM - 11:30 AM: Panel Discussion 1
- 11:30 AM - 12:00 PM: Lunch Symposium

SESSION 2: COPD OPTIMIZATION

- 12:00 PM - 12:30 PM: Keynote
- 12:30 PM - 1:00 PM: Panel Discussion
- 1:00 PM - 1:30 PM: Coffee Break
- 1:30 PM - 2:00 PM: Keynote
- 2:00 PM - 2:30 PM: Panel Discussion
- 2:30 PM - 3:00 PM: Q&A Discussion
- 3:00 PM - 3:30 PM: Coffee Break & Networking
- 3:30 PM - 4:00 PM: Panel Discussion 2
- 4:00 PM - 4:30 PM: Lunch Symposium

SESSION 3: COPD OPTIMIZATION

- 4:30 PM - 5:00 PM: Keynote
- 5:00 PM - 5:30 PM: Panel Discussion
- 5:30 PM - 6:00 PM: Q&A Discussion
- 6:00 PM - 6:30 PM: Coffee Break & Networking
- 6:30 PM - 7:00 PM: Panel Discussion 3
- 7:00 PM - 7:30 PM: Lunch Symposium

The Overlooked Connection

CARDIOPULMONARY RISKS IN COPD AND HOW TO MANAGE THEM



Speaker
Dr. Stefanni Nonna M. Paragosa
Professor, Philippine Heart Center
Chairman, PCOP Council on COPD and
Pulmonary Rehabilitation



Moderator
Dr. Cynthia M. S. Iban
Professor, St. Paul's Medical Center
President, PCOP Central Luzon Chapter

iCPR PROGRAMME
Venue: Rosal Ballroom EDSA, Shangri-La Hotel
06 March 2025 (Thursday)
Five study in the afternoon

Agenda	Time
Registration	5:15 PM
Introduction of International Cardiopulmonary Taskforce	5:30 PM - 5:55 PM
Discussion: The Overlooked Connection: Cardiopulmonary risks in COPD and How to manage them	5:55 PM - 6:15 PM
Question and Answer	6:15 PM - 6:25 PM
End on COPD Screening Program	6:25 PM - 6:30 PM

FOR HEALTHCARE PROFESSIONALS ONLY
No admission required for attendance.
The content is intended for health care professionals for medical education purposes only. Registration of the participating physician is based on their respective state, territorial, provincial, and national registration in the jurisdiction of registration and/or accreditation. There are no financial incentives or other benefits for participating physicians in this program.
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AstraZeneca

invites you to a **WEBINAR** entitled...

Transforming COPD and Asthma Care in the Primary Care Setting

June 26, 2025 (THURSDAY) | 6:00 - 7:15 P.M.

SPEAKER
Jonathan Arquiza, M.D.,
FPCP, FPCCP

Join us to discover innovative strategies for managing COPD and Asthma in primary care.
Be part of the transformation and empower your practice with the latest insights from our speaker

CLICK TO REGISTER

COPD OPTIMIZATION SUMMIT 2025:

Stabilize the Disease, Triple the Impact

SAVE THE DATE
09.03.2025
Edsa Shangri-La, Manila

COPD OPTIMIZATION SUMMIT 2025:

Stabilize the Disease, Triple the Impact

AGENDA

DATE: SEPTEMBER 03, 2025
VENUE: EDSA SHANGRI-LA, MANILA

5:00PM - 6:00PM: Registration and Interactive Hall

6:00PM - 6:30PM: **RAPID FIRE SESSION 1**

6:30PM - 7:00PM: **RAPID FIRE SESSION 2**

7:00PM - 8:00PM: **PLENARY SESSION**

8:00 PM: Closing

LET'S TALK ABOUT COPD:
Optimizing Treatment with Triple Therapy

Date: May 27, 2025 | Tuesday
Time: 7:00 PM - 8:00 PM
Bity Link: <https://gsk.to/Webinar05272025>
Webinar ID: 890 7491 5730
Password: Gsk1238#

Speaker:
Dr. Angelene Taleon-Parazo
FPCP, FPCCP, FPSCCM, FERS, FAPSR

PHILIPPINE COLLEGE OF PHYSICIANS

Integrating Triple Therapy in COPD Management: A CLINICAL FORUM

Speaker:
Dr. Stefanni Nonna Paragosa
FPCP, FPCCP

July 15, 2025 | Tuesday
7:00 PM - 8:00 PM
<https://gsk.to/Webinar07152025>
Webinar ID: 856 6451 3048
Password: Gsk1238#

GOLDen HOUR:
Applying 2026 COPD Updates in Clinical Practice

GSK RESPIRATORY MEDICAL EDUCATION WEBINAR

8:00 PM - 9:00 PM

AGENDA

DATE: SEPTEMBER 03, 2025
VENUE: EDSA SHANGRI-LA, MANILA

5:00PM - 6:00PM: Registration and Interactive Hall

6:00PM - 6:30PM: **RAPID FIRE SESSION 1**

6:30PM - 7:00PM: **RAPID FIRE SESSION 2**

7:00PM - 8:00PM: **PLENARY SESSION**

8:00 PM: Closing



PCCP
COUNCIL ON
COPD



ADVOCACY

- COPD Action Plan (English and Tagalog version)
 - WORLD COPD DAY 2025
- WATSONS (in partnership with Asthma, Lung Cancer, Diagnostics and Therapeutics Council)
 - Health Technology Assessment Philippines (HTA Philippines)

Council on COPD

PROJECT	COPD Action Plan (English and Tagalog version)
Objectives	To Empower Patients by: <ul style="list-style-type: none">• Providing clear, step-by-step guidance for managing symptom exacerbations• Enabling proactive self-management of their condition• Facilitating timely interventions that prevent hospitalizations• Eliminating language barriers through culturally appropriate materials
Target Output	Improving patient outcomes and making quality care accessible to all Filipino patients with COPD
Strategies to Achieve Objectives	Letters to 23 PCCP Training institutions and 10 PCCP Chapters ; PCCP website
Success Indicators	Availability in social media (PCCP website)
Project Cost	none
Timelines	August 2025 (soft copy) and November 2025 (hard copy)
Source of Funding	In partnership with pharmaceutical companies







Council on COPD

PROJECT

COPD Action Plan (English and Tagalog version)

MY COPD ACTION PLAN

ACTION PLAN PARA SA COPD

Feeling good	My symptoms	Take Action	Maayos ang Pakiramdam	Mga Sintomas	Mga Dapat Gawin
	<ul style="list-style-type: none"> <input type="checkbox"/> My cough and mucus are normal <input type="checkbox"/> I am breathing without shortness of breath <input type="checkbox"/> I am able to do my daily activities <input type="checkbox"/> I have good appetite <input type="checkbox"/> I am sleeping well 	<ul style="list-style-type: none"> <input type="checkbox"/> Medications for COPD: _____ <input type="checkbox"/> I need to use home oxygen _____ L/min _____ hours/day <input type="checkbox"/> Reliever inhaler: _____ puffs when I need it to relieve my symptoms 		<ul style="list-style-type: none"> <input type="checkbox"/> Walang pagbabago sa ubo at plema <input type="checkbox"/> Hindi kapos ang paghinga ko <input type="checkbox"/> Nagagawa ko ang pang araw-araw na gawain <input type="checkbox"/> Magana akong kumain <input type="checkbox"/> Maayos ang pagtulog ko 	<ul style="list-style-type: none"> <input type="checkbox"/> Mga gamot para sa COPD: _____ <input type="checkbox"/> Kailangan ng oxygen _____ L/min _____ oras kada araw sa bahay <input type="checkbox"/> Reliever inhaler: _____ puffs kung kailangan para mapawi ang hingal
I feel sick	My symptoms	Take Action	Masama ang Pakiramdam	Mga Sintomas	Mga Dapat Gawin
	<ul style="list-style-type: none"> <input type="checkbox"/> I am coughing more than usual <input type="checkbox"/> I have a change in thickness, amount, color, and odor of mucus <input type="checkbox"/> I have fever <input type="checkbox"/> I am more tired and breathless <input type="checkbox"/> I have trouble sleeping <input type="checkbox"/> I am having difficulty with my usual activities <input type="checkbox"/> I have increase use/need of my rescue medication 	<ul style="list-style-type: none"> <input type="checkbox"/> I will do breathing control techniques <input type="checkbox"/> I will limit my activity <input type="checkbox"/> I will take my regular medications <input type="checkbox"/> I will schedule my visit to the doctor today <input type="checkbox"/> I will start the following special medications pre-arranged with my doctor: _____ 		<ul style="list-style-type: none"> <input type="checkbox"/> Mas dumadalas ang aking pag-ubo <input type="checkbox"/> Mas kumakapal, dumadami at nagkakaroon ng pagbabago sa kulay at amoy ang aking plema <input type="checkbox"/> Nilalagnat ako <input type="checkbox"/> Mas hinahapo o kinakapos ang paghinga ako <input type="checkbox"/> Nahihirapan akong matulog <input type="checkbox"/> Nahihirapan ako sa pag gawa ng pang araw-araw na gawain <input type="checkbox"/> Dumadalas ang paggamit ko ng gamot at inhaler 	<ul style="list-style-type: none"> <input type="checkbox"/> Gagawin ko ang mga breathing control techniques <input type="checkbox"/> Lilimitahan ko ang aking pagkilos <input type="checkbox"/> Tuloy-tuloy akong iinom ng aking mga gamot <input type="checkbox"/> Magpapakonsulta ako sa aking doktor sa lalong madaling panahon <input type="checkbox"/> Sisimulan ko ang mga gamot na ibinilin ng aking doktor: _____
I need help	My symptoms	Take Action	Kailangan ko ng tulong	Mga Sintomas	Mga Dapat Gawin
	<ul style="list-style-type: none"> <input type="checkbox"/> I have severe shortness of breath <input type="checkbox"/> I feel worse despite extra medications <input type="checkbox"/> I am afraid <input type="checkbox"/> I am confused or drowsy <input type="checkbox"/> I am having chest pain 	<ul style="list-style-type: none"> <input type="checkbox"/> I will go to the hospital/ call for ambulance NOW <input type="checkbox"/> I will continue to use my reliever medication until my arrival to the hospital ambulance arrives <input type="checkbox"/> I will do breathing control techniques 		<ul style="list-style-type: none"> <input type="checkbox"/> Malala ang kakapusan sa aking paghinga <input type="checkbox"/> Walang pagbuti ng pakiramdam matapos gamitin ang mga gamot at inhaler <input type="checkbox"/> May takot akong nararamdaman <input type="checkbox"/> Nakakaramdam ng pagkahilo, pagkalito at madalas na pagkaantok <input type="checkbox"/> Sumasakit ang dibdib 	<ul style="list-style-type: none"> <input type="checkbox"/> Pupunta na ako sa hospital / Tatawag ng ambulansya ngayon <input type="checkbox"/> Ipagpapatuloy kong gamitin ang aking mga gamot hanggang ako ay makarating ng ospital <input type="checkbox"/> Ipagpapatuloy ko ang mga breathing control techniques

Name: _____
 Emergency Person to Call: _____
 Name of Doctor: _____

Date of birth: _____
 Emergency Contact #: _____



Pangalan: _____
 Taong tatawagan sa panahon ng emergency: _____
 Pangalan ng doktor: _____

Kaarawan: _____
 Contact # sa panahon ng emergency: _____



Council on COPD



PROJECT	WORLD COPD DAY 2025 Theme: Short of Breath, Think COPD
Objectives	<ul style="list-style-type: none">• Raise awareness about COPD, its prevention, and the importance of early diagnosis and management• Reduce the burden of COPD, improve the quality of life for those affected, and promote healthier lungs for everyone
Target Output	November 19, 2025
Strategies to Achieve Objectives	Lecture series in training institutions and chapters; digital and social media presence
Success Indicators	Attendance of COPD patients from PCCP training institutions & chapters
Project Cost	none
Timelines	November 19, 2025
Source of Funding	none

Council on COPD



PROJECT WORLD COPD DAY 2025 Theme: Short of Breath, Think COPD

- Lecture series
 - Institutions
 - Health Centers
 - OPD
- Engage in interviews with mainstream and online media
- Fun Games for patients & caregivers
- Spirometry Test
- COPD Exhibits



Council on COPD

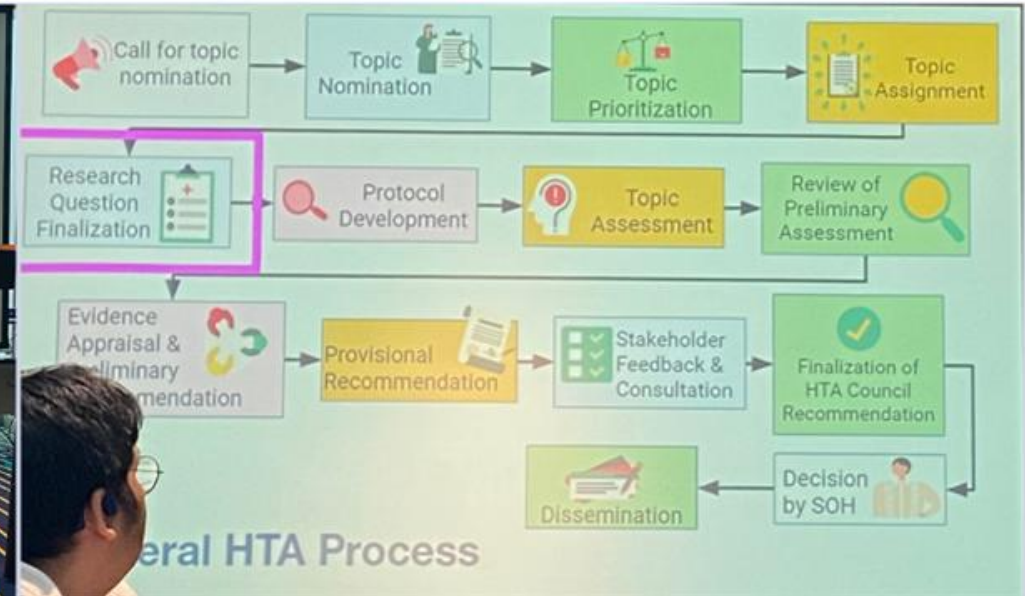
PROJECT	<p>Health Technology Assessment (HTA) Philippines</p> <p>Pursuant to Republic Act 11223, otherwise known as the “Universal Health Care Act”, all health technologies that will be funded by the Department of Health (DOH) and the Philippine Health Insurance Corporation (PhilHealth) shall undergo HTA.</p>
Objectives	<ul style="list-style-type: none">• Establish the rational utilization of various health technologies that will be funded by the government.• Ensure that these policy and research questions address key healthcare challenges and reflect the perspectives of those directly impacted by the outcomes.
Target Output	<ol style="list-style-type: none">1. Budesonide/ Glycopyrronium/ Formoterol for COPD2. Fluticasone/ Umeclidinium/ Vilanterol for COPD
Strategies to Achieve Objectives	Stakeholder Consultation on Research Questions for the Priority HTA Topics
Success Indicators	Validate and refine the draft HTA research questions
Project Cost	none
Timelines	To be announced
Source of Funding	none

Council on COPD

PROJECT

Health Technology Assessment (HTA) Philippines

Pursuant to Republic Act 11223, otherwise known as the “Universal Health Care Act”, all health technologies that will be funded by the Department of Health (DOH) and the Philippine Health Insurance Corporation (PhilHealth) shall undergo HTA.



Health Technology Assessment (HTA) Philippines
October 2024

Council on COPD

PCCP

Philippine College of Chest Physicians (PCCP) submitted the following list containing the generic names of the drugs which we desire to be included in our national formulary.

ANTI-TUSSIVE

1. Butamirate citrate
2. Levodopropazine
3. Pregabalin (palliative)

ANTI-HISTAMINES / ALLERGIC COUGH

1. Ebastine
2. Bilastine
3. Levocetirizine

MUCOLYTICS / EXPECTORANT

1. Carbocysteine
2. Erdosteine
3. Ambroxol
4. Bromhexine

INHALERS

1. Fluticasone Furoate + Umeclidinium + Vilanterol
2. Beclamethasone + Formoterol + Glycopyrronium
3. Budesonide + Formoterol + Glycopyrronium
4. Tiotropium + Olodaterol Respimat
5. Beclamethasone + Formoterol (Foster MDI and Nexthaler)




PCCP
COUNCIL ON
COPD



RESEARCH

- COPD Profile and Survival Study (CPASS) of the Philippine College of Chest Physicians (PCCP)
- Philippine College of Chest Physicians Burden of Obstructive Lung Disease II (PCCP BOLD II): A Follow-up Study in a Rural Setting in the Philippines
 - Other Research

TITLE OF RESEARCH	STATUS	REMARKS
<p>COPD Profile and Survival Study (CPASS) of the Philippine College of Chest Physicians (PCCP)</p>	<ul style="list-style-type: none"> • Closing: May 5, 2024 	<ul style="list-style-type: none"> • Sub-analysis from main data • Submission on International conferences (APSR)
<p>Philippine College of Chest Physicians Burden of Obstructive Lung Disease II (PCCP BOLD II): A Follow-up Study in a Rural Setting in the Philippines</p>	<ul style="list-style-type: none"> • Presentation of results: February 13, 2025 	
<p>Other Future Research</p> <ul style="list-style-type: none"> - Validation of COPD Action Plan - CPASS Subanalysis 		

Future Research: CPASS

- Is there an association of the parameters with survival?
- Is there an association of the parameters with CAT score trajectory?
- Is there an association of the parameters with FEV1 trajectory?
- Is there a difference in the parameters between urban and rural COPD patients in the Philippines (also in Luzon, Visayas and Mindanao) ?
- Is there an association between the history of exacerbation and the incidence of subsequent exacerbations in Filipinos with COPD (similar to ECLIPSE)?
- Is there a difference in the parameters between those with and without persistent high risk for exacerbation?



PCCP
COUNCIL ON
COPD



FUTURE PROJECTS

- International Cardio-Pulmonary Risks (iCPR)
 - COPD Action Plan
(Ilokano; Hiligaynon; Bisaya version)
- WATSON'S Clinical Pharmacists' Workshop
(in partnership with Asthma and Diagnostics & Therapeutics Council)

Council on COPD

PROJECT	International Cardio-Pulmonary Risks (iCPR)
Objectives	Deepen the integration of the cardiopulmonary risks in Chronic Obstructive Pulmonary Disease
Target Output	Experts understand the interplay between the heart and lungs as a driver in disease outcomes for both HF and COPD
Strategies to Achieve Objectives	Lecture series in the specialty chapters; presence in congress events with AZ
Success Indicators	Attendance of PCCP member chapters
Project Cost	none
Timelines	2 nd Qtr 2026: resumption of iCPR lectures to the different PCCP Chapters
Source of Funding	In partnership with Astra Zenica and Philippine Heart Association

Council on COPD

PROJECT	COPD Action Plan (Ilokano; Hiligaynon; Bisaya version)
Objectives	To Empower Patients by: <ul style="list-style-type: none">• Providing clear, step-by-step guidance for managing symptom exacerbations• Enabling proactive self-management of their condition• Facilitating timely interventions that prevent hospitalizations• Eliminating language barriers through culturally appropriate materials
Target Output	Improving patient outcomes and making quality care accessible to all Filipino patients with COPD
Strategies to Achieve Objectives	Letters to 23 PCCP Training institutions and 10 PCCP Chapters ; PCCP website
Success Indicators	Availability in social media (PCCP website)
Project Cost	none
Timelines	August 2026 (soft copy) and November 2026 (hard copy)
Source of Funding	In partnership with pharmaceutical companies

Council on Critical Care and Pulmonary Vascular Diseases

Council Chair: William Del Poso, MD, FPCCP



ADVOCACY

ACTIVITY	DETAILS	REMARKS
<p>The ARDS Summit: The Continuum of Care and Management in ARDS</p>	<ul style="list-style-type: none"> Hybrid conference in celebration of the World ARDS Awareness Day: August 12, 2025 On-site venue at PCCP office attended by 2nd year FITs; online broadcast thru ZOOM platform 	<ul style="list-style-type: none"> accomplished on-site attendees: 70 online attendees: 300+
<p>Innovations in the Diagnosis and Management of Sepsis</p>	<ul style="list-style-type: none"> Online conference in celebration of the World Sepsis Awareness Day: September 12, 2025 Main hub at PCCP office; broadcast thru ZOOM platform 	<ul style="list-style-type: none"> accomplished online attendees: 200+
<p>Pressure Points: A Crash Course on Pulmonary Hypertension Diagnosis and Awareness</p>	<ul style="list-style-type: none"> Hybrid conference in celebration of the World Pulmonary Hypertension Day. Conducted: January 17, 2026 On-site venue at PCCP Office attended by 2nd-year FITs; online broadcast thru ZOOM platform 	<ul style="list-style-type: none"> accomplished on-site attendees: 70 online attendees: 200

PHILIPPINE COLLEGE OF CHEST PHYSICIANS
Council on Critical Care and Pulmonary Vascular Diseases



In celebration of the World ARDS Day

7st ARDS SUMMIT

THE CONTINUUM OF CARE AND MANAGEMENT IN ACUTE RESPIRATORY DISTRESS SYNDROME

PCCP Headoffice,
Malakas Street,
Quezon City

August 12, 2025
8:00AM- 12:00NN

Dr. James Albert Flores
What's New in ARDS?



Dr. Jonray Magallanes
Vent Strategies that Save Lives



Dr. Mary Claire Orden
*When to Flip the Patient and
When to Escalate?*



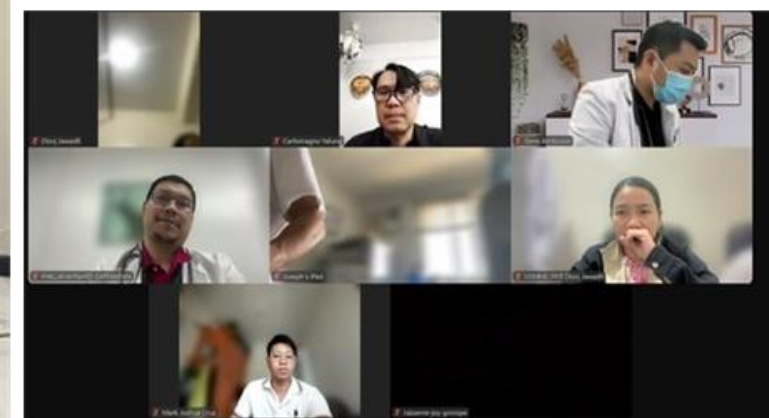
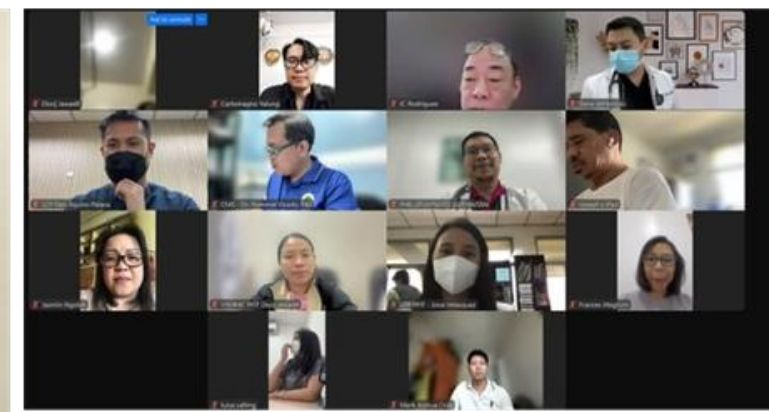
Dr. Angelene Taleon-Parazo
*Beyond the ICU:
The Post-ARDS Journey*



Dr. William Del Poso
*Council Chair,
PCCP Council on Critical Care
and Pulmonary Vascular Diseases*

Dr. Christopher Cortes
ARDS Summit Course Director

Dr. Sheikh Saturinas
Moderator





WORLD SEPSIS DAY WEBINAR

**INNOVATIONS IN THE
DIAGNOSIS AND MANAGEMENT
OF SEPSIS**

Friday, September 12, 2025
From 06:00PM to 7:40PM



**Innovations in the Diagnosis of Sepsis –
The Sepsis Immunoscore
(The First FDA Approved AI Tool for Sepsis Prediction)**
Dr. Jan Christian Feliciano

**Theories and Realities on Hemodynamic Targets
in Sepsis and Septic Shock**



Dr. Mary Rose Lacanin



Mechanical Ventilation in Sepsis
Dr. Lucas Emir Sheikh Saturinas



Dr. William Del Poso
Chair, PCCP Council on Critical Care and PVD

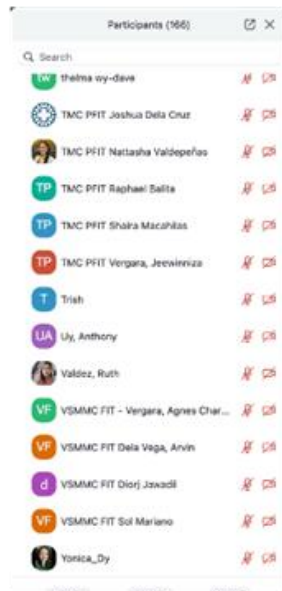
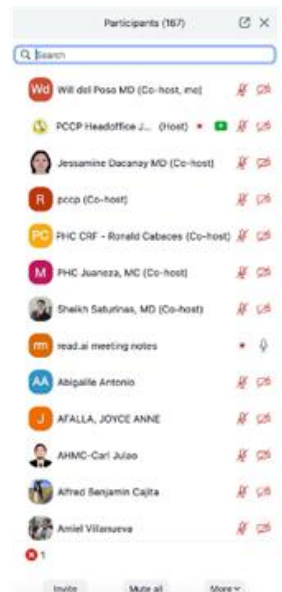
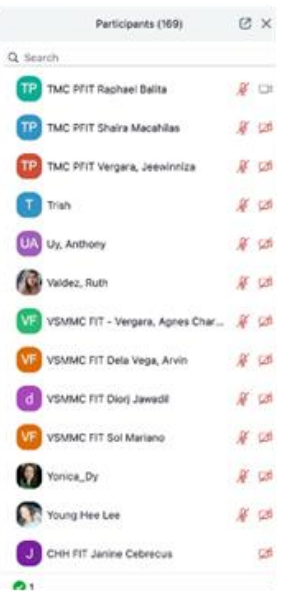
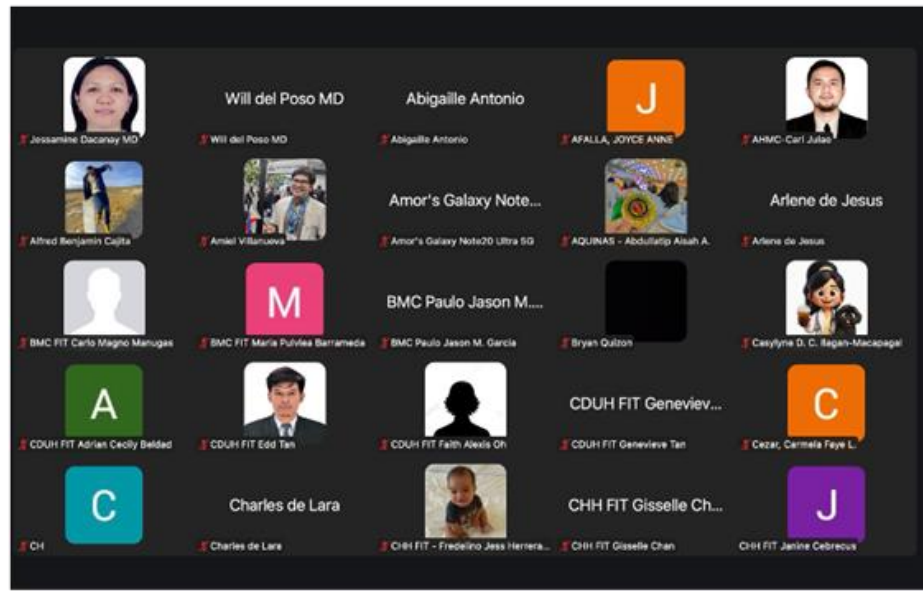


Dr. Jessamine Dacanay
Moderator, WSD Lead

Scan QR code to join us virtually via




Meeting ID
810 8492 8867
Passcode
641022




PRESSURE POINTS

PULMONARY HYPERTENSION DIAGNOSIS AND MANAGEMENT A CRASH COURSE

 PCCP Headoffice,
Malakas Street,
Quezon City

 January 17, 2026
8:00AM- 12:00NN

 **Dr. William del Poso**
Council Chair,
PCCP Council on Critical Care
and Pulmonary Vascular
Diseases

 **Dr. Maria Carmelle Juaneza**
Moderator



Scan QR code to join

Dr. Ma. Paz Mateo
*Core PH Essentials: From
Basics to Bedside*



Dr. Annie dela Cruz-Gustilo
*Practical Diagnostics: Philippine
Setting and Case-Based
Interpretation*



**Dr. Ivan Vilespin and
Dr. Julie Christine Visperas**
*From Algorithm to Action:
Management Pathways and
Therapeutics*



Dr. Catherine Joy Tubig
*From Data to Decisions: Case-
Based PH Care in Philippine
Setting*



EDUCATION AND TRAINING

ACTIVITY	DETAILS	REMARKS
<p>Workshop on Noninvasive Ventilatory Support</p> <ul style="list-style-type: none"> • High Flow Nasal Cannula • Noninvasive Ventilation 	<ul style="list-style-type: none"> • Workshop conducted during the 29th APSR Congress Manila: November 10, 2025 • Venue at the SMX Convention Center 	<ul style="list-style-type: none"> • accomplished • attended by local and foreign delegates



EDUCATION AND TRAINING

ACTIVITY	DETAILS	REMARKS
Presentation of the Updated OBE Curriculum on Pulmonary Critical Care Rotation of Second Year FITs	<ul style="list-style-type: none">Alignment meeting at the PCCO Office: January 10, 2026	<ul style="list-style-type: none">accomplished



EDUCATION AND TRAINING

ACTIVITY	DETAILS	REMARKS
<p>45th Annual Chest Convention</p> <ul style="list-style-type: none"> Plenary Session 2: Modern Approaches to ARDS Therapy and When to Consider ECMO Plenary Session 3: Current Perspectives in Pulmonary Hypertension Diagnosis and Management CS 15: Essentials and Updates in Critical Care CS: 17: Fluid Responsiveness in Critical Care: Fluid Responsiveness and Fluid Tolerance in ARDS 	<ul style="list-style-type: none"> Plenary Session 2: Simon Sin Wai Ching, MD Plenary Session 3: Raed Dweik, MD CS 15: Moderator: Christopher Cortes, MD Speakers: Sheikh Emir Saturinas, MD; Albert Albay, MD; Jonray Magallanes, MD CS 17: Moderator: Marie Charisma Laborte, MD Speakers: William del Poso, MD; Portia Maria Tanyag, MD; Emily Aventura, MD 	<ul style="list-style-type: none"> as per schedule



RESEARCH

ACTIVITY	DETAILS	REMARKS
Update on the Ethical Proceedings at End of Life	<ul style="list-style-type: none">Organizational meeting: August 7, 2025 thru a ZOOM meeting	<ul style="list-style-type: none">ongoing



FUTURE PLANS

ACTIVITY	DETAILS	REMARKS
2026 - 2027 <ul style="list-style-type: none">World Pulmonary Hypertension Awareness Day (May 5)World ARDS Day (August 12)World Sepsis Day (September 13)World Thrombosis Day (October 13)	<ul style="list-style-type: none">Webinars and Hybrid conferences	<ul style="list-style-type: none">as per schedule



Council on Control of Tobacco and Air Pollution

Council Chair: Ronel Sario, MD, FPCCP



ADVOCACY

ACTIVITY	DETAILS (date of event; target attendees/participants)	REMARKS
WORLD NO TOBACCO DAY CELEBRATION	MAY 30, 2025 LUNG CENTER OF THE PHILIPPINES AUDITORIUM	GRACED BY THE DOH SECRETARY DR. HERBOSA ALONG WITH HIS UNDERSECRETARIES
WORLD HEALTH ORGANIZATION WNTD AWARD	LMOS PCCP MEMBERS (CCTAP) PCCP OFFICERS DOH SEC AND UNDERSECRETARIES WHO ASIA HEAD AND REPRESENTATIVE	PCCP WAS AWARDED FOR THE YEAR 2025



ADVOCACY

ACTIVITY	DETAILS (date of event; target attendees/participants)	REMARKS
DOH WORLD NO TOBACCO DAY CELEBRATION AND COLLABORATION SIGNING	MAY 31, 2025 PHILIPPINE HEART CENTER AUDITORIUM	GRACED BY THE DOH SECRETARY DR. HERBOSA ALONG WITH HIS UNDERSECRETARIES, PCCP AND SEVERAL COLLABORATING INSTITUTIONS
LAUNCHING OF THE DOH MASCOTS	LMOS PCCP MEMBERS (CCTAP) PCCP OFFICERS DOH SEC AND UNDERSECRETARIES WHO ASIA HEAD AND REPRESENTATIVE	



OTHER INITIATIVES/INNOVATIONS

ACTIVITY	HIGHLIGHTS	REMARKS	
BEAT THE VAPE SCHOOL BUZZ	LAUNCHED DURING THE WNTD CELEBRATION AND CONTINUOUSLY CONDUCTED NATIONWIDE	FOR 5 CHAPTERS ALONE, OVER 30 SCHOOLS VISITED, AND MORE THAN 25,000 STUDENTS REACHED	



2025



**WORLD NO
TOBACCO DAY
& NO SMOKING
MONTH 2025**





Northwest Luzon
PHILIPPINE COLLEGE OF GREAT PHYSICIANS
1973

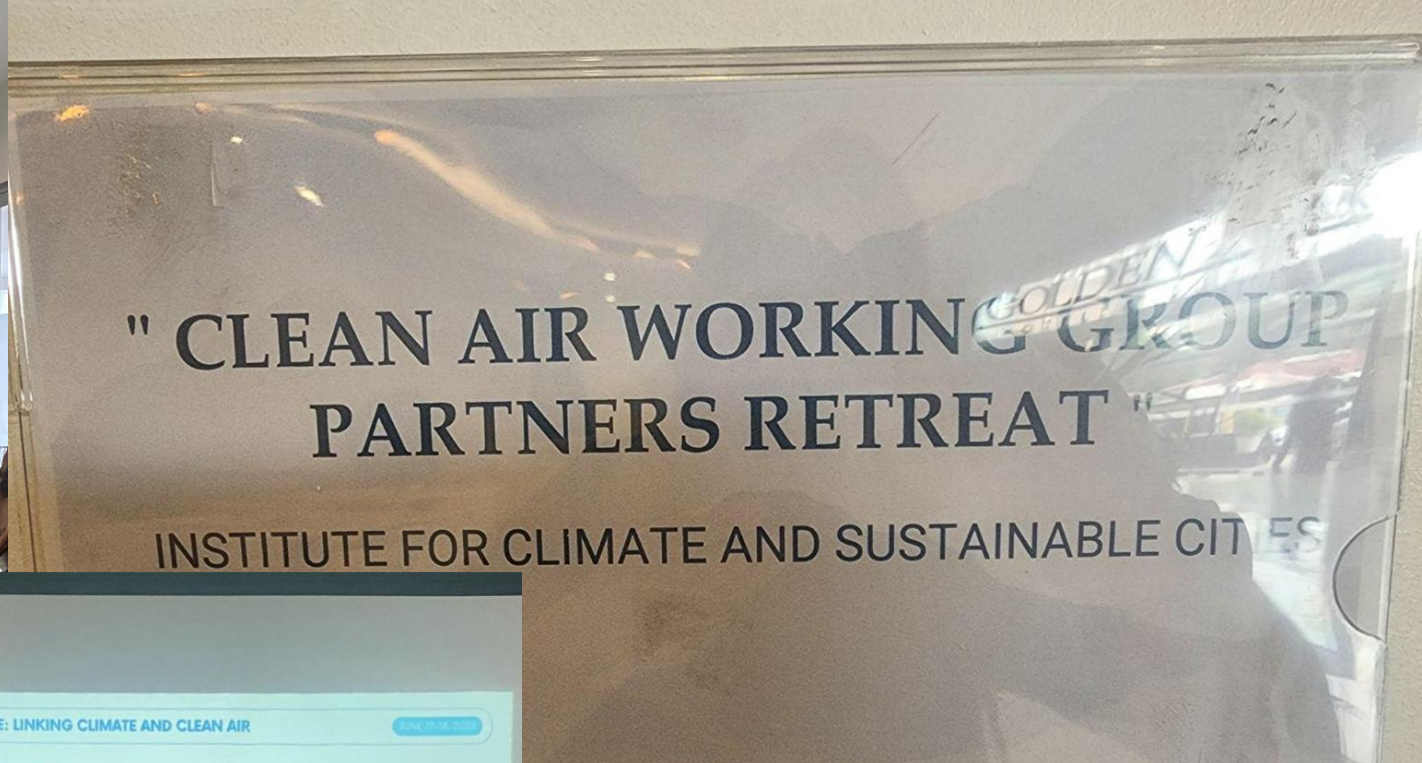
VAPING PREVENTION and EDUCATING THE YOUTH



OTHER INITIATIVES/INNOVATIONS

ACTIVITY	HIGHLIGHTS	REMARKS	
CLEAN AIR WORKING GROUP PARTNERS RETREAT	MAY 17, 2025 CEBU CITY	PARTICIPATED BY 2 CCTAP MEMBERS	







PANGAKO  **PAG-AKO**

**A PROMISE OF LESS
PLASTIC WASTE**

FUTURE INITIATIVES/INNOVATIONS

ACTIVITY	HIGHLIGHTS	REMARKS	
BEAT THE VAPE SCHOOL BUZZ 2.0	COLLABORATION WITH PHA		
DEPED COLLABORATION	INCLUSION OF RESPIRATORY HEALTH TOPICS (SMOKING AND VAPING) TO THE CURRICULUM		
EVALI REGISTRY AND RESEARCH			



Council on Diagnostic & Therapeutics

Council Chair: Maria Cristina Maranion, MD, FPCCP



ADVOCACY

ACTIVITY	DETAILS (date of event; target attendees/participants)	REMARKS
Public Advisory on the Interpretation of Spirometry	December 2025	Published PCCP Website
Watson's Respiratory Module	May 2026	Module development on inhaler device techniques Inhaler technique workshop
Mindoro Oil Spill Mission	June / July 2026	Funding solicitation from ABS-CBN + Pharmaceutical Companies



EDUCATION AND TRAINING

ACTIVITY	DETAILS (date of event; target attendees)	REMARKS	
Spirometry PostGraduate Course	June 18, 2025: 80 pax November 3, 2025: 70 pax	Simple spirometry, Lung Volume and DLCO, FOT	
APSR Research	November 11, 2025	Dr. Linuel Trinidad, Dr. Louella De Guzman	
PCP Boot Camp	May 3, 8:00-12:00pm	Lead: Dr. Gilly May Europa Revise based on ATS 2024 6-step approach	
PCCP Session CS4: Rapid Molecular Testing in Pulmonary Disorders	May 4, 2026	Dr. Danielle Gonong and Dr. Sergei Fernandez	





LOBBY FOR GOVERNMENT SUPPORT: INFRASTRUCTURE DEVELOPMENT

- Integrate inhaler distribution in barangay health units nationwide

- There are 42,000 units nationwide

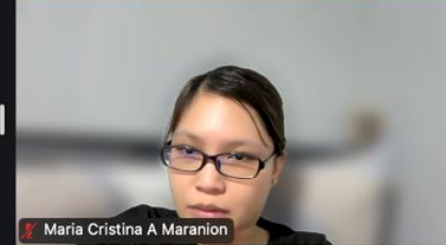
- Estimated Total Cost per Barangay Health Station (Initial Year)

• Cost Component	Low Estimate (Php)	High Estimate (Php)
• Inhaler Procurement	10,000	20,000
• Storage & Distribution	5,000	10,000
• Training & Capacity	2,000	5,000
• Total per BHS	17,000	35,000

- Sustainability: Annual replenishment and ongoing training will require recurring budgets.



Eileen Aniceto



Maria Cristina A Marañon



Stefanni Nonna Paraguas



Audio



Video



Participants



Chat



React



Share



AI Companion



Apps



Record



Show captions



More



Leave

Watsons Respiratory Health





APSR Nov 2025 - Poster Research





APSR Nov 2025 - Oral Research (Young Investigator Award Moderator)





Spirometry June and Nov 2025

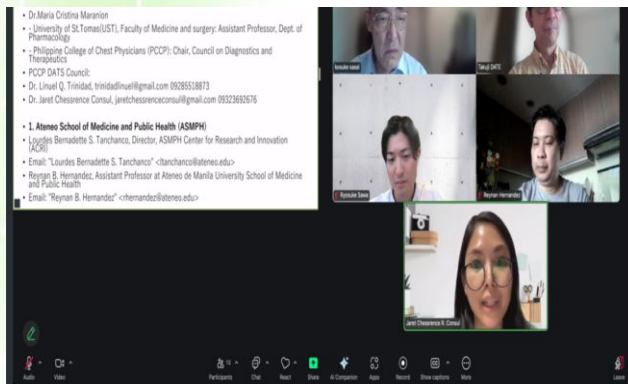


Spirometry June and Nov 2025



RESEARCH

TITLE OF RESEARCH	STATUS	REMARKS	
Medical Shinansha	Ongoing	Collaboration with Dr. Cadena, TUA, JRMMC	





COUNCIL ON
DIAGNOSTICS AND
THERAPEUTICS

QUESTIONS TO RESOLVE:

SPIROMETRY	<ol style="list-style-type: none">1. GLI race neutral vs race specific (Southeast Asian)?2. Include statement re reversibility criteria for asthma?
FOT/ IOS	<ol style="list-style-type: none">1. Resolve reference: Oostveen (ERS), Brown (Australia), Newbury2. Resolve parameters: Z score vs fixed cut off (manufacturer specific)3. Normal spirometry but abnormal FOT



The Lung Experts

FUTURE PLANS

- Consensus statement - reconvene with Dr. Trinidad
- Inquiries:
 - Bunka Shihon Soken (Kyoto University)
 - Presentation in Midyear / Annual Convention of DITs
- Under negotiation:
 - UNILAB: PAFP Respiratory Diagnostics
 - UAP: providing In-Check Dial
 - BTL: FOT workshop



Council on Interventional Pulmonology

Council Chair: Christine L. Chavez, MD, FPCCP

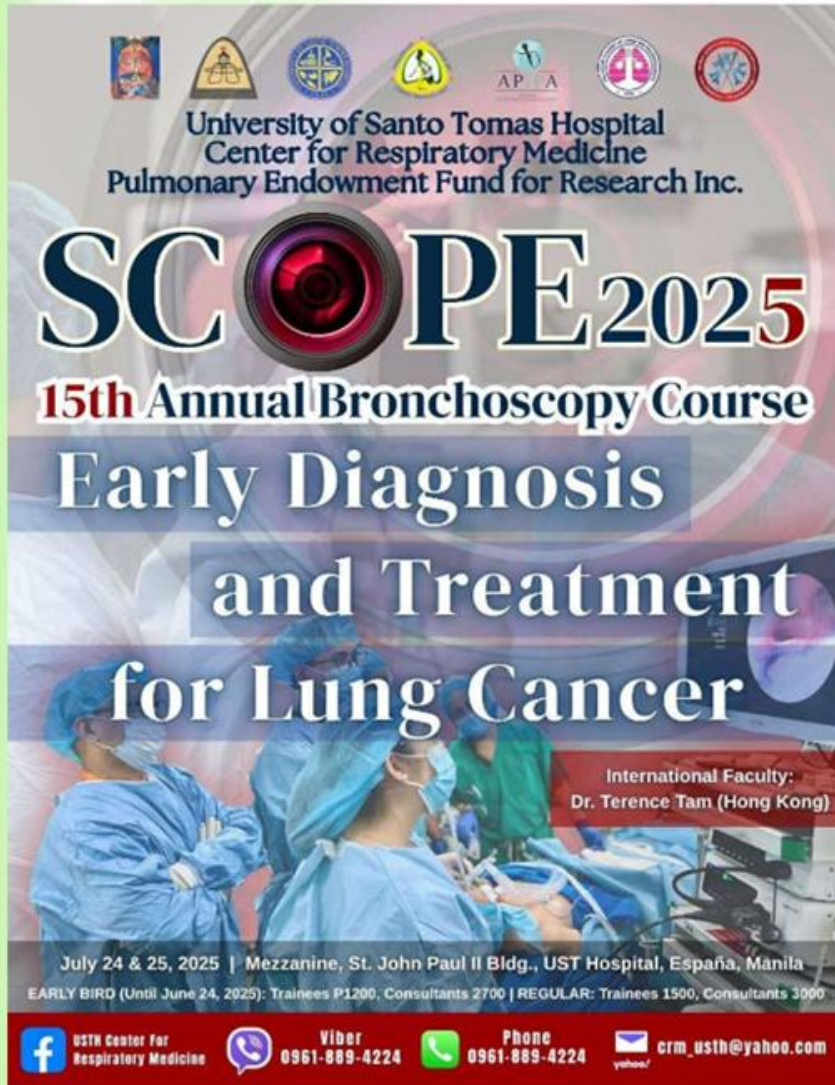



Council on Interventional Pulmonology

EDUCATION AND TRAINING

ACTIVITY	DETAILS (date of event; target attendees)	REMARKS
Annual Bronchoscopy Workshop (SCOPE 2025)	July 24-25, 2025 Attendees: - Fellows in training - Interested consultants	University of Santo Tomas Hospital Faculty: - Dr Terence Tam (Hong Kong) - IP Council Members
World Association for Bronchology and Interventional Pulmonology (WABIP) Interventional Pulmonology Fellowship Program	<u>3rd quarter 2025</u> - Dr Genevie Ombao <u>2026</u> - Dr Saidameer Said	3-month free, high-quality education to doctors from developing countries
BRONC: BRonchoscopy Operation and Navigational Course	October 15-16, 2025 Attendees: - Trainees - Respiratory therapists	Regional Lung Center, Vicente Sotto Memorial Medical Center Faculty: - VSMMC Staff and IP Council Members






 University of Santo Tomas Hospital
 Center for Respiratory Medicine
 Pulmonary Endowment Fund for Research Inc.





SCOPE 2025

15th Annual Bronchoscopy Course

Early Diagnosis and Treatment for Lung Cancer

International Faculty:
Dr. Terence Tam (Hong Kong)

July 24 & 25, 2025 | Mezzanine, St. John Paul II Bldg., UST Hospital, España, Manila
 EARLY BIRD (Until June 24, 2025): Trainees P1200, Consultants 2700 | REGULAR: Trainees 1500, Consultants 3000

 USTH Center for Respiratory Medicine
 Viber 0961-889-4224
 Phone 0961-889-4224
 crm_usth@yahoo.com

University of Santo Tomas Hospital, July 24-25, 2025

Course Director: Dr Julius Dalupang

Co-director: Dr Ronald Fajardo

Faculty:

- Dr Terence Tam (Hong Kong)
- IP Council Members

Attendees:

- Fellows in training
- Interested consultants



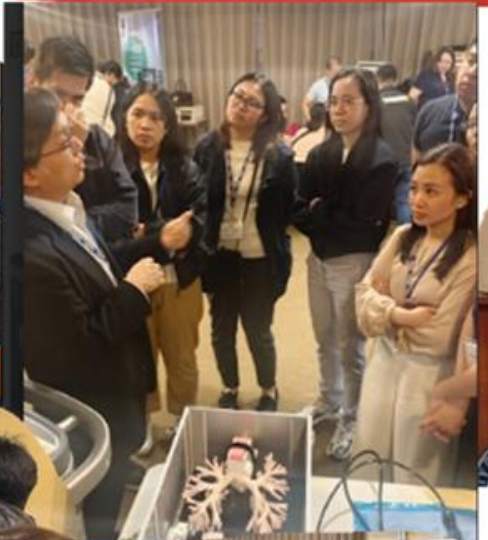


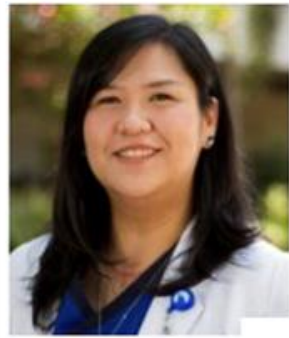
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WABIP Interventional Pulmonology Institute Fellowship Program

Provides free, high-quality education to doctors from developing countries, aiming to foster knowledge exchange and skill development. Open to pulmonologists and thoracic surgeons worldwide

Third Quarter 2025 Graduate (First from the Philippines):

2026 Fellow from the Philippines:



Dr. Genevie Ombao is a graduate of Adult Pulmonary Fellowship Program of the Lung Center of the Philippines – the apex hospital for lung and chest wall diseases in her country. She has

HIGHLIGHTS FROM THE FINAL EXAM FOR Q3 FELLOWSHIP AT IPI ISTANBUL



Dr. Genevie Ombao
Philippines

CONGRATULATIONS TO THE FELLOWS AT IPI ISTANBUL



World Association for Bronchology and Interventional Pulmonology (WABIP)

Photo Credits: WABIP



Dr. Saidameer Said is a board-certified internist and pulmonologist from Marawi City, Lanao del Sur, in the southern Philippines. His journey in medicine has always been

Dr. Saidameer L. Said
Philippines

grounded in service to communities with the greatest need. Before pursuing further

specialization, Dr. Said served as a rural health physician through the Doctors-to-the-Barrios Program of the Department of Health, assigned to a remote municipality.



The Lung Experts

Regional Lung Center, Vicente Sotto Memorial Medical Center, October 15-16, 2025

Course Director: Dr Marlo Bagano

Co-director: Dr Patricia Pintac

Chair: Dr Pen Villamor

Faculty:

- VSMC Staff and IP Council Members

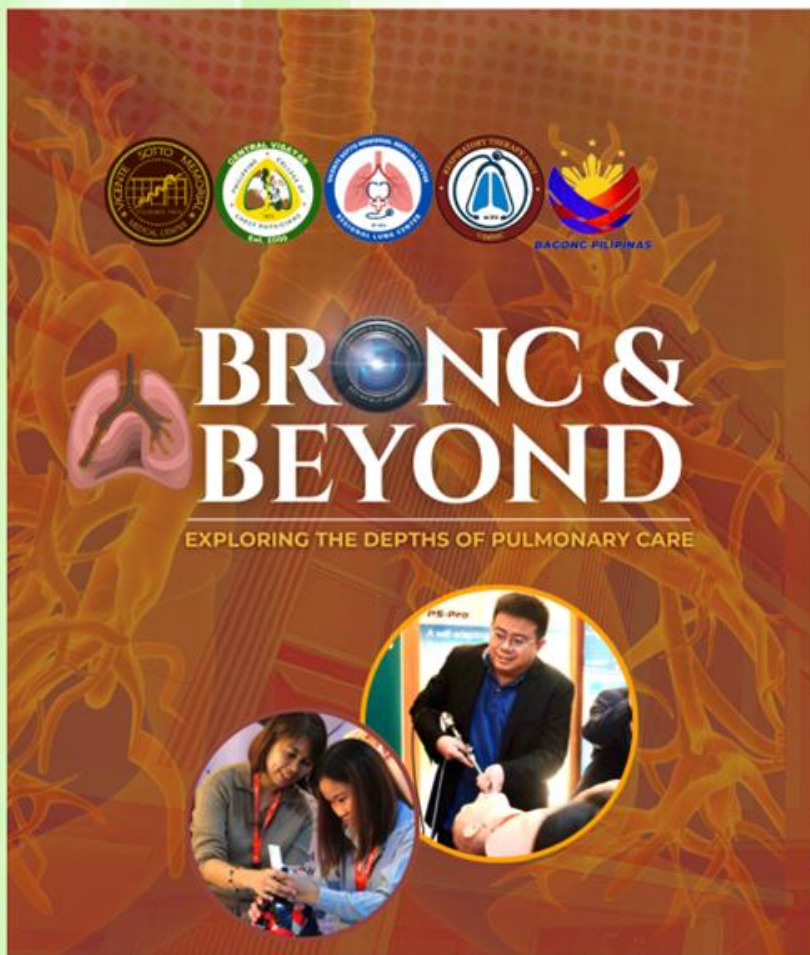


Photo credits:
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Council on Interventional Pulmonology

RESEARCH

TITLE OF RESEARCH	STATUS	REMARKS
Broncholithiasis in a 74-year-old male: a rare culprit behind recurrent hemoptysis: a case report Authors: Dr Jaira Gimena, Dr Dehuel Cuyacot	Accepted for oral presentation at APSR Manila 2025	Granted the 2025 APSR Bronchoscopy and Interventional Techniques Assembly Education Award



Photo credits: Dr Dehuel Cuyacot



Moderators/ facilitators of poster and oral presentations at APSR Manila

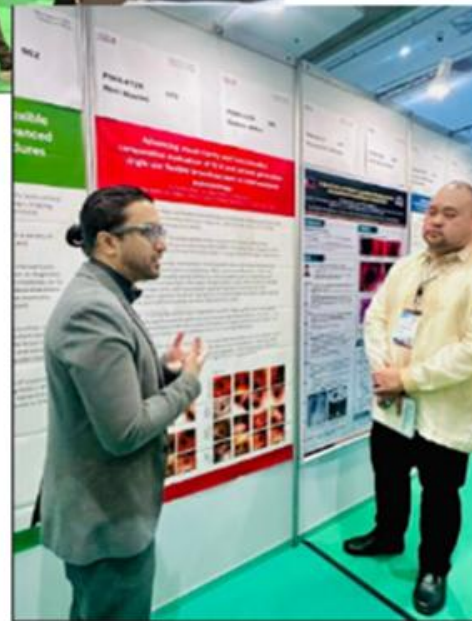


Photo Credits: respective owners



Council on Interventional Pulmonology

OTHER INITIATIVES AND INNOVATIONS



ACTIVITY	HIGHLIGHTS	REMARKS
<p>1) Membership to the World Association for Bronchology and Interventional Pulmonology</p>	<p>All active IP council members are eligible for membership through the PCCP</p>	<p>Benefits:</p> <ul style="list-style-type: none"> ❖ educational resources & discounts; ❖ reduced journal subscriptions; ❖ eligibility to <u>apply for the WABIP IP fellowship and other specialized training</u>; ❖ involvement in the organization's governance through the Board of Regents and various committees <ul style="list-style-type: none"> - Current Board Regent for the Philippines: Dr Christine Chavez - Immediate Past Board Regent for the Philippines: Dr Julius Dalupang - Media Committee: Dr Ronald Fajardo - Committee of Image Library Editors: Dr James Omaña

ACTIVITY

2) Representation at international webinar

HIGHLIGHTS

Invited faculty to represent the Philippines (May 2025) in IP Without Borders




IP WITHOUT BORDERS 2025
WEBINAR ON ADVANCED INTERVENTIONAL PULMONOLOGY

Join us for an international webinar bringing together experts in Interventional Pulmonology to share experiences, discuss cutting-edge techniques, and break geographical boundaries.

Program Directors :
Dr Hind JANA:
 M.D. Interventional Pulmonologist,
 President of AMPI
 Membership Committee Chair at WABIP
Dr Fatima Zahra KHOUCILIA:
 M.D. Interventional Pulmonologist Morocco,
 Moroccan Regent at WABIP
 Secretary General of AMPI

Coordinators:
Dr Sameer ARBAT:
 Interventional Pulmonologist at One Healthcare Nagpur, India
 Global Chair, Media Committee at WABIP
Prof Talha MAHMUD:
 FCPS MD PhD
 Head, Department of Interventional Pulmonology
 Shaikh Zayed Hospital FPMI Lahore Pakistan,
 Member Image Library Committee WABIP

[REGISTER NOW](#)  **SATURDAY**
 05/07/2025  **TIME**
 09:00 GMT+1

Endorsed by:




REMARKS

Malignant features on EBUS

Clinical Validation of the Canada Lymph Node Score for EBUS

Sonographic Assessment of Thoracic Lymph Nodes


Feature	Prospective Scoring	CLNS Correlates with Malignancy
Size	189 Consecutive Patients 387 Lymph Nodes Scored 88 Malignant Nodes (23.2%)	 Cut-off score > 3 currently classified 78.8% sensitivity 88.4% p=0.001
Other features		
Shape		
Size		

CLNS may serve as an adjunct to currently available methods of mediastinal staging

© 2022 American College of Chest Physicians

EBUS mode	EBUS features	Benign features	Malignant features
B-mode	Short axis		
	Shape		
	Margin		
	Echogenicity		
	Central hilar structure		
Power/strain Doppler mode	Vascular pattern		
	Elasticity		

Morishita, M., et al (2022) Cancers, 14(21), 5355



Dr. Christine Chavez

ACTIVITY

3) APCB Taiwan (June 2025)

HIGHLIGHTS

IP council members attended to formally receive the handover as the next host and to promote APCB 2027 in Manila



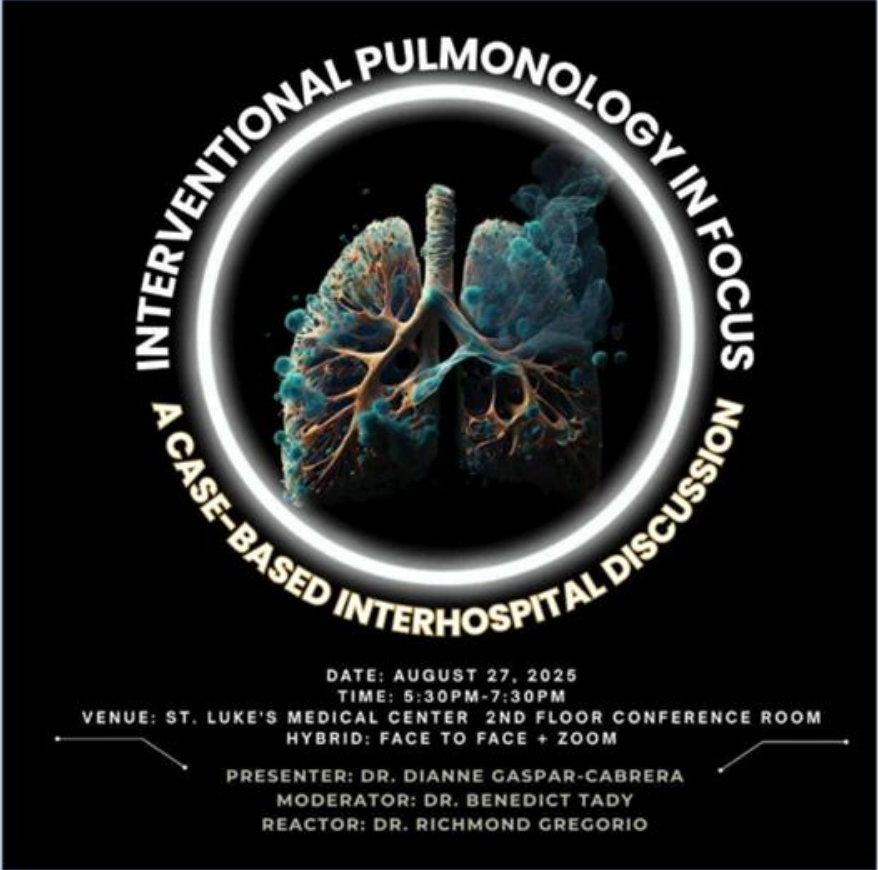
ACTIVITY	HIGHLIGHTS	REMARKS
<p>4) Multicenter Conference on Interventional Pulmonology</p> <p>Host: St. Luke's Medical Center, QC</p> <p>August 2025</p>	<p>Interventional Pulmonology In Focus: A Case-Based Discussion on Medical Thoracoscopy</p> <p>Organizers from the council: Dr Richmond Gregorio Dr Benedict Tady</p>	






Photo credits:
respective owners




ACTIVITY	HIGHLIGHTS	REMARKS
5) Lung POCUS Courses and Certification	<ul style="list-style-type: none"> ❖ Through the initiative of Dr Albert Rafanan: discounted rates from Inteleos ❖ In charge of the project: Dr Christine Chavez and Dr Cyrus Pasaporte ❖ Additional 50% discount for FITs who successfully complete the course 	<ul style="list-style-type: none"> ❖ Several were/ are interested; challenges have been time constraints, requirements to pass, and need to retake if unsuccessful

Option 1




Lung POCUS Bundle: Fundamentals, Course & Certification

The Philippine College of Chest Physicians (PCCP) and the POCUS Certification Academy are partnering to empower clinicians with world-class training and certification in Lung Point-of-Care Ultrasound (Lung POCUS). Through structured education and rigorous, internationally aligned certification, this program ensures excellence, safety, and innovation in pulmonary care, helping you deliver the highest standard of patient-centered care.




Interventional Pulmonology Council of the Philippine College of Chest Physicians




\$62.50 USD

POCUS Fundamentals Certificate



\$67.50 USD

Lung POCUS Course



\$75 USD

POCUS Lung Certification

Bundle Features

Option 2



Lung POCUS Bundle: Fundamentals & Certification Program

The Philippine College of Chest Physicians (PCCP) and the POCUS Certification Academy are partnering to empower clinicians with world-class training and certification in Lung Point-of-Care Ultrasound (Lung POCUS). Through structured education and rigorous, internationally aligned certification, this program ensures excellence, safety, and innovation in pulmonary care, helping you deliver the highest standard of patient-centered care.



Interventional Pulmonology Council of the Philippine College of Chest Physicians



\$62.50 USD

POCUS Fundamentals Certificate



\$ 187.50 USD

Lung POCUS Course

POCUS Fundamentals Bundle Features **POCUS Lung Certification Program Bundle Features**

Additional value includes the Primary Course, Scan Logbook, and other materials. See main informational table.



The Lung Experts



Philippine College of Chest Physicians
Interventional Pulmonology Council



invites you to
a webinar entitled

Lung POCUS Courses and Certification Bundle

Information and Q&A Session
for PCCP members, diplomates, fellows and
fellows-in-training

September 17, 2025 | Wednesday
7:00 pm via ZOOM

Albert Rafanan, MD

Introduction and goals of the PCCP collaboration with
Inteleos POCUS Certification Academy



Christine Chavez, MD
Overview of the courses

Yvonne Montejo, MD

Sharing of first-hand experience



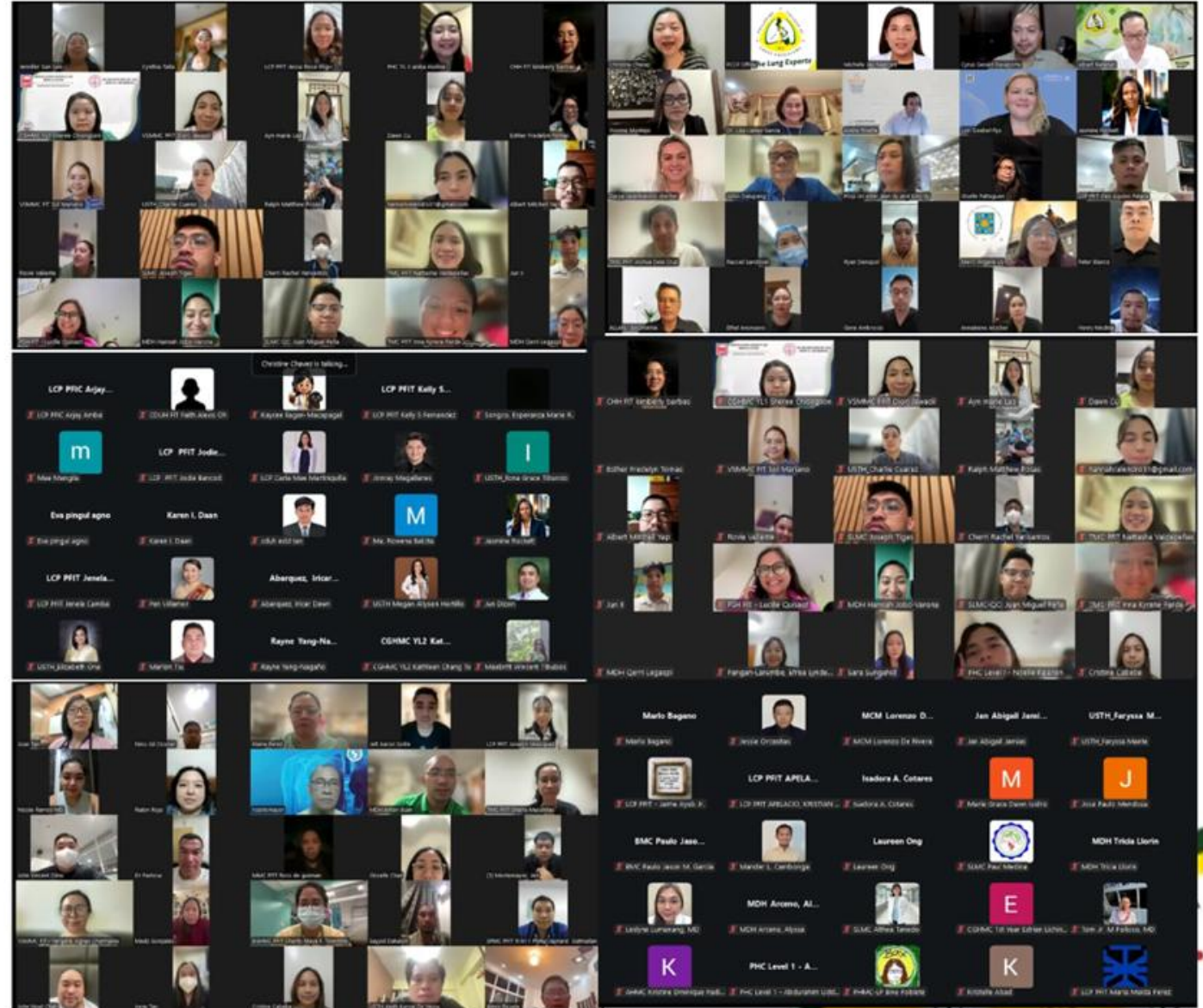
Open forum with course providers
from Inteleos



CYRUS GERALD PASAPORTE, MD
Moderator

You may pre-register and send in your questions through
(<https://forms.office.com/r/vNrqrw85dH>)

VENUE: ZOOM LINK:
<https://us02web.zoom.us/j/849971325607?pwd=ZAVlpOgTARcvC2l2OQ53UjBw3R11.1>



Philippine College of Chest Physicians
The Lung Experts

6) APSR Manila Participation (November 2025)

- POCUS postgraduate course and scientific sessions



The Lung Experts

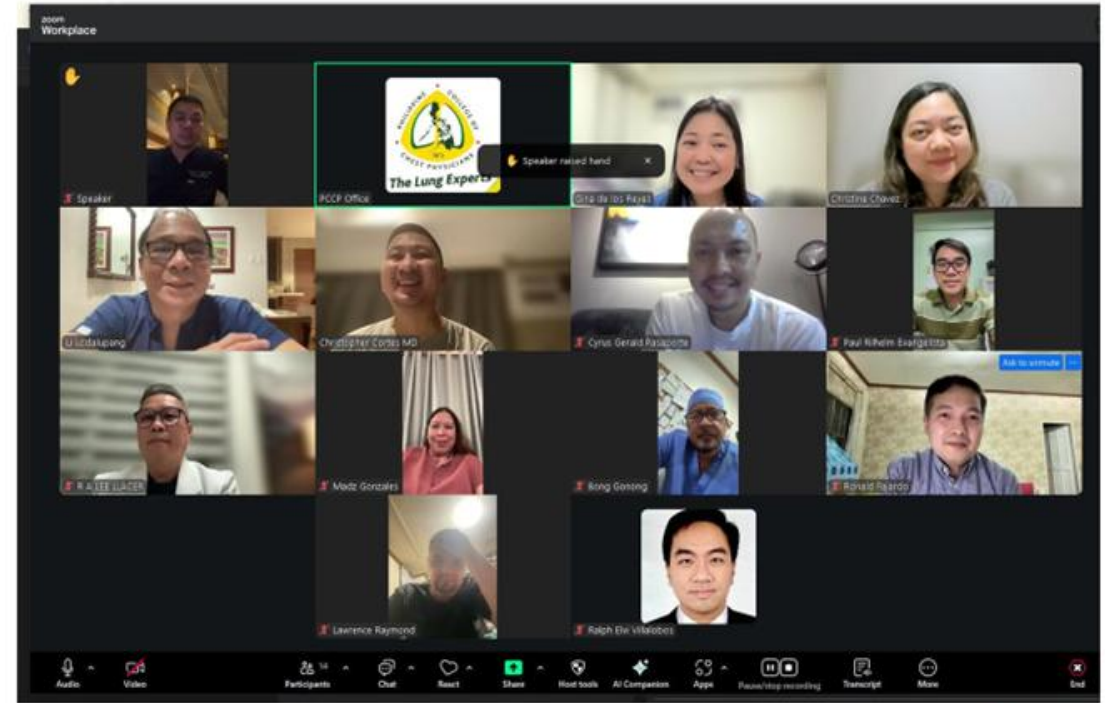
FUTURE PLANS

ACTIVITY	DETAILS	REMARKS
1) Women in IP Mentorship Asia	planning stages	
2) Quarterly Multicenter IP Conference	quarterly rotation among ATIs	Next: Perpetual Help Medical Center Las Piñas, Chinese General Hospital and Medical Center
3) Publication of Prescribed Bronchoscopy Report		
4) Lung POCUS for fellowship training	Provide checklist recommendations to the training committee	
5) Affiliate/ Component Society on Interventional Pulmonology	Steering committee to create policies on standardization and certification of IP practice and eventual application as an affiliate society (please see next page)	
6) 11th Asian Pacific Congress on Bronchology and Interventional Pulmonology 2027	(please see next pages)	

Affiliate/ Component Society on Interventional Pulmonology

❖ Steering committee

- Dr Julius Dalupang
- Dr Bong Gonong
- Dr Christine Chavez
- Dr Christopher Cortes
- Dr Paul Evangelista
- Dr Ronald Fajardo
- Dr Madelaine Gonzales
- Dr Richmond Gregorio
- Dr Genevie Ombao
- Dr Cyrus Pasaporte
- Dr Lawrence Raymond
- Dr Augusto Sablan, Jr
- Dr Ralph Villalobos



11th Asian Pacific Congress on Bronchology and Interventional Pulmonology

Organizing Committee

Chair: Dr Julius Dalupang

Co-chair: Dr Christine Chavez

Committee Heads

Scientific: Dr Ronald Fajardo

Registration: Dr Chris Cortes

Postgraduate Course: Dr Madelaine Gonzales

Research: Dr John Chan

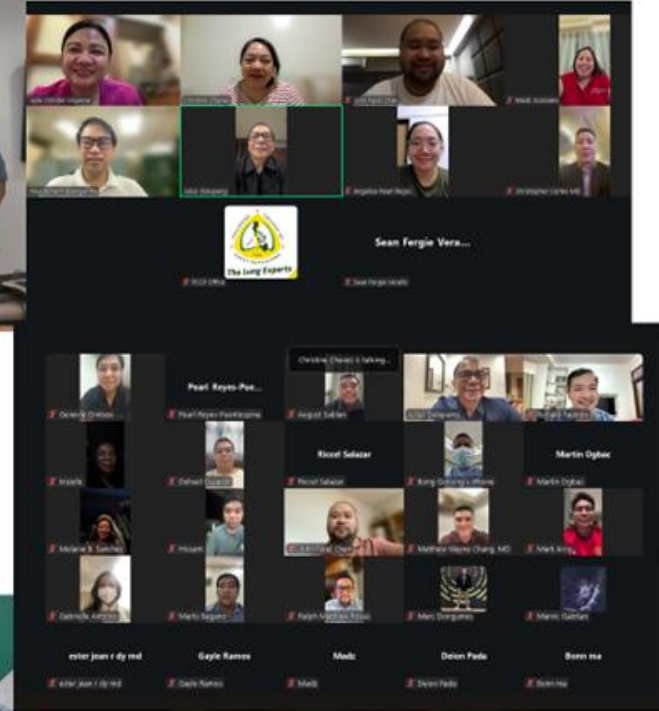
Ways and Means: Dr Paul Evangelista

Physical Arrangements: Dr Cyrus Pasaporte

Accommodations and Transport: Dr Melanie Sanchez

Publications/ Publicity/ IT: Dr Pearl Reyes

Awards and Certificates: Dr Julie Visperas



1973
CHEST PHYSICIANS
The Lung Experts

JOINT CONGRESS WITH THE ANNUAL CHEST CONVENTION in 2027



11th Asian Pacific Congress on Bronchology and Interventional Pulmonology, which will be held on March 2 to 4, 2027 at the Edsa Shangri-La Manila, Philippines.

We are excited to bring you opportunities for in-depth learning and engagement through *hands-on workshops, scientific sessions, and research presentations.*

Interesting updates on malignant and benign *diseases involving the airways, lung parenchyma, mediastinum and pleura* will be discussed by leading experts. Advanced and innovative techniques and approaches in the diagnosis and management of these diseases will also be presented.



THEME:

Meeting the Needs And Challenges with Cutting-Edge Technology: The Role of Interventional Pulmonology In Asia-Pacific

Photo credits: respective owners

Council on Lung Infection

Council Chair: Michelle Tan Reyes, MD, FPCCP



ADVOCACY

PCCP COUNCIL ON LUNG INFECTIONS

Stay Protected with Vaccines!
 "Vaccines don't save lives. Vaccinations do."

Vaccines are safe, work really well, and are one of the best ways to keep you and your family healthy

PCCP COUNCIL ON LUNG INFECTIONS

VACCINATION

SCHEDULE 2025

3 vaccines we recommend:

- Pneumococcal Vaccine**
 Protects against pneumonia, meningitis, and serious blood infections caused by *Streptococcus pneumoniae*. Safe, effective, and especially important for young children, older adults, and those with chronic illnesses.
- Influenza Vaccine**
 Helps protect you from influenza – a contagious virus that can cause fever, cough, and fatigue. Get vaccinated every year to stay healthy and prevent the spread!
- RSV (Respiratory Syncytial Virus) Vaccine**
 Stops a common virus from infecting the lungs and breathing passages which can cause severe illness in babies, older adults, and people with weak immune systems.

Myths vs Facts:

 Myth: "The shot gives you the illness." Fact: Nope! Vaccines don't give you Flu, RSV or pneumonia.	 Myth: "I don't need it because I'm healthy." Fact: Even strong, healthy people can get very sick.	 Myth: "One flu shot lasts forever." Fact: Flu changes every year - you need a new shot each season.
---	--	--

Why Get Vaccinated?

- ✓ Helps you avoid serious illness.
- ✓ Protects your loved ones, too.
- ✓ It's quick, safe and effective.

Common Side Effects (Totally Normal)

(These usually go away in a day or two - means your body is building protection!)

Feeling tired or achy	Sore arm	Mild Fever
-----------------------	----------	------------

PNEUMOCOCCAL VACCINE

Adults ≥ 50 years old or 19-49 years old with high risk conditions*
*History of invasive pneumococcal disease, CSF leakage, cochlear implant, chronic cardiovascular/lung/liver/kidney disease, diabetes, HIV/AIDS, cancer/steroid treatment

PRIOR VACCINE	RECOMMENDATION
NONE	PCV15 $\xrightarrow{\geq 1 \text{ year}^*}$ PPSV23 <small>*Consider minimum interval (8 weeks) for adults with immunocompromised condition</small>
NONE	PCV20
PCV13 or PCV15 only at any age	$\xrightarrow{\geq 1 \text{ year}^*}$ PPSV23 or PCV20 <small>*Consider minimum interval (8 weeks) for adults with immunocompromised condition</small>
PPSV23 only at any age	$\xrightarrow{\geq 1 \text{ year}}$ PCV20 or PCV15
PCV13/15 only at any age & PPSV23 at < 65 years	$\xrightarrow{\geq 5 \text{ years}}$ PCV20
PCV13/15 only at any age & PPSV23 at ≥ 65 years	$\xrightarrow{\geq 5 \text{ years (Shared clinical decision making)}}$ PCV20

RSV VACCINE

Adults ≥ 75 years old or 50-74 years old with high risk conditions*
*Chronic cardiovascular/lung/liver/hematologic disease, end stage renal disease, diabetes mellitus, neurologic or neuromuscular conditions causing impaired airway clearance

ELIGIBLE POPULATION	RECOMMENDATION
ALL ADULTS AGED ≥ 75	SINGLE DOSE RSV VACCINE
ADULTS AGED 50-74 WITH HIGH RISK OF SEVERE RSV DISEASE*	

FLU VACCINE

*All of the following or any of the 3 vaccines can be administered together in one visit: Pneumococcal, RSV and Flu Vaccines (Using separate syringes and if feasible, at different injection sites)

ELIGIBLE POPULATION	RECOMMENDATION
PERSONS AGED ≥ 6 MONTHS	ANNUAL FLU VACCINE

"Vaccines don't save lives. Vaccinations do."

References: CDC and ACIP



PHILIPPINE COLLEGE OF CHEST PHYSICIANS 1973

Council on Lung Infections

Join the trend:
Stay protected
& healthy this
FLU Season!

20
DAYS LEFT!

Be an inFLUencer!

- PFITs of accredited training institutions are encouraged to submit a 60 second video (reels style) on FLU awareness, prevention and vaccination
- Help your audience understand your videos better by providing subtitles
- File type: MP4 (Orientation: Portrait)
- Deadline: December 1, 2025 (12AM)
- Instructions on uploading:
 - 1. Upload to your individual/training institution facebook page and tag Philippine College of Chest Physicians
 - 2. Put the hashtag #BeAnInFLUencer
 - 3. Email fb link of uploaded video to mtanreyes@gmail.com
- Only 1 ATI will win the grand prize Php 20,000
- Winners will be notified via social media recognition and viber message

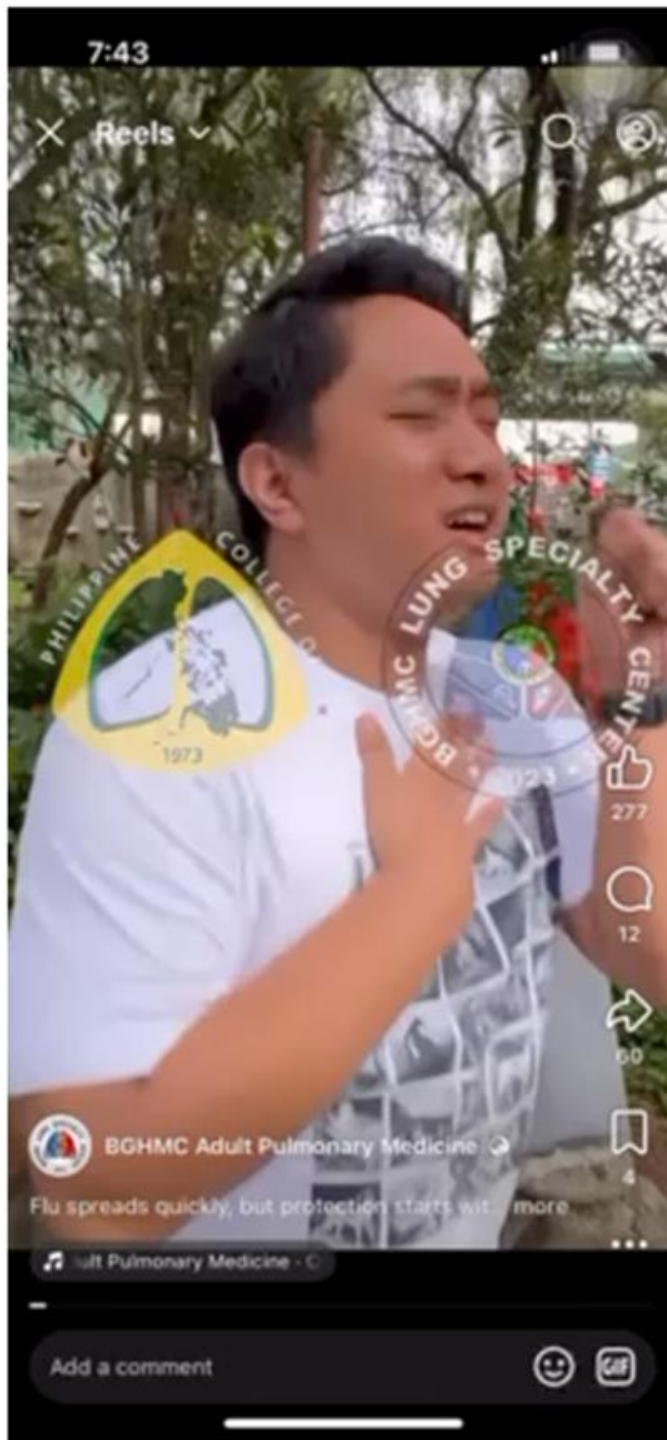
#BeAnInFLUencer

Reels

Flu is spreading through
the colder nights.

Micmic-Mikey Reyes





Transfer successful!

Wednesday, Dec 03 2025; 02:13:55 PM (GMT +8)

Confirmation No. 1764742428501

Transaction Ref. No. 807136

Sent via **BPI**

Transfer to

Security Bank

Dexter Feliciano

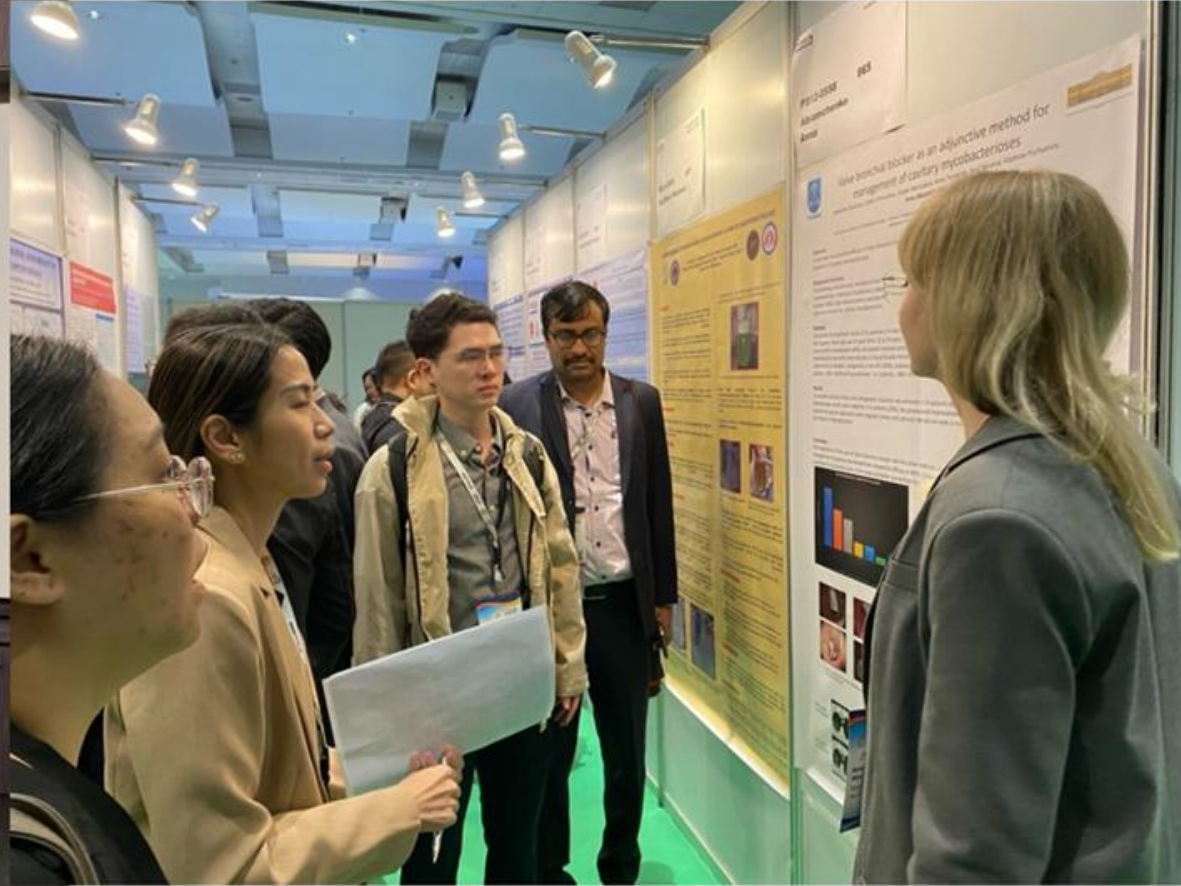
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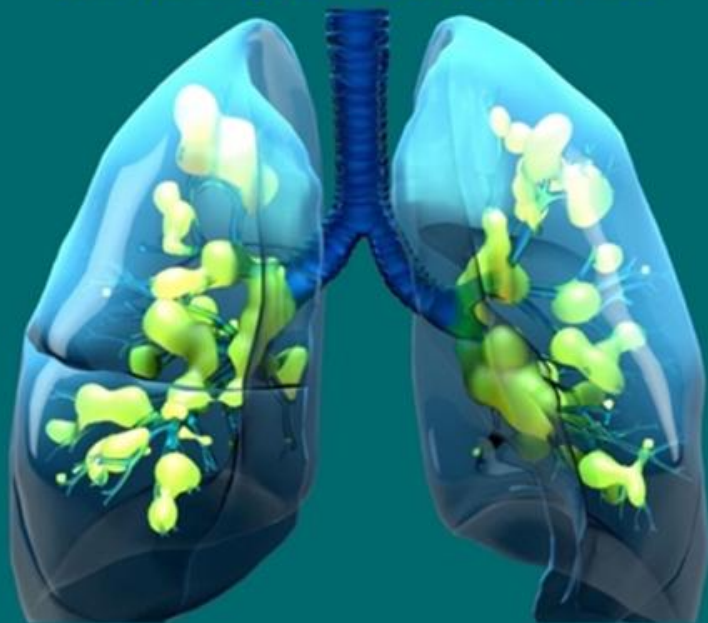
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EDUCATION AND TRAINING



INFACTIVITY 2025

**“Enhancing Diagnosis,
Managing Oxygen Needs,
and Tackling Antibiotic Resistance”**



**09 November 2025, 9am -3pm
Unilab Bayanihan Center**

Scan to register!



Registration is FREE!



**Philippine College of Chest Physicians
Council on Lung Infections**



INFACTIVITY 2025

**“Enhancing Diagnosis, Managing Oxygen Needs,
and Tackling Antibiotic Resistance”**

**09 November 2025, 9am -3pm
Unilab Bayanihan Center**

Time	Topic	Speaker
9:00-9:10	Opening prayer & Welcome remarks	
9:10-9:30	Colonization vs Infection in the Respiratory Tract	Dr. Charles dela Cruz
9:40-10:10	Pneumonia Morbidity and Mortality in the Philippines: An Update	Dr. Imelda Mateo
10:10-10:40	AM Snack Symposium	
10:40-11:10	Dynamic Biofilms and Lung Microbiome in Respiratory Disease	Dr. Charles dela Cruz
11:10-11:40	Antibiotic Resistance: Global Crisis and Local Solutions	Dr. Charmian Hufano
11:40-12:10	Lunch Symposium	
12:10-12:40	Optimizing Oxygen Therapy in Acute Lung Infections	Dr. Jeremy Richards
12:40-13:10	Fungal Lung Infections: The Diagnostic Blind Spot	Dr. Minette Claire Rosario
13:10-13:40	PM Snack Symposium	
13:40-14:10	Influenza-like illness (ILI) and Severe Acute Respiratory Infections (SARI) through the Integrated Pan-respiratory System	Dr. Arthur Dessi Roman
14:10-14:40	The Effect of Climate Change on Lung Infection	Dr. Paula Sta. Maria
14:40-15:00	Closing Remarks	

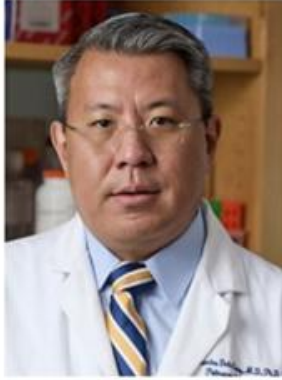


**Register for this event from the PCCP Council on Lung Infections
for FREE by scanning the QR code**
For more information, please contact Dr. Michelle Tan-Reyes (09499908123)



Dr. Charles dela Cruz

- Graduated from the MD/PhD program of the University of Toronto, Ontario Canada, where he also completed his PhD in Immunology
- Doctor of Medicine, Yale University New Haven Connecticut
- Residency in Internal Medicine, Yale New Haven Hospital
- Pulmonary and Critical Care Fellowship, Yale New Haven Hospital
- Associate Professor, Yale University Department of Microbial Pathogenesis
- Adjunct Professor, Yale University Section of Pulmonary, Critical Care, and Sleep Medicine
- Professor, University of Pittsburgh School of Medicine, Center for Vaccine Research
- Associate Dean, Faculty Research and Career Enhancement, University of Pittsburgh School of Medicine
- Director, Center for Acute Lung Injury and Infection, University of Pittsburgh School of Medicine



Dr. Jeremy Richards

- Pulmonary and Critical Care Physician, Beth Israel Deaconess Medical Center (BIDMC), Massachusetts General Hospital, South Shore Hospital
- Assistant MICU Director, BIDMC
- Director of ECMO, BIDMC and Medical University of South Carolina (MUSC)
- Assistant Professor of Medicine, Harvard Medical School
- Assistant Professor of Medical Education, Western Atlantic University School of Medicine
- Several medical education leadership roles:
 - Respiratory Pathophysiology Course Director, Harvard Medical School
 - Chair, Department of Medical Education and Designated Institutional Officer at Mount Auburn
 - Clerkship Director for IM at MUSC



Dr. Imelda Mateo

- Immediate Philippine College of Physicians (2024-2025)
- Past President of the Philippine College of Chest Physicians (2022-2023)
- Previous Training Officer (2003-2005) and Chairman (2006-2008) of the Department of Medicine
- Technical Consultant at the Office of the Secretary at DOH
- Awardee, 30th Dr. Jose P. Rizal Memorial Awards for Government Service in 2021, government service from UERMMMC and the College of Medicine Alumni Association in 2020, Dangal Ng Paaralang Elementary ng Sto. Nino in 2016, Presidential Award from PCCP in 2012, and PCP Distinguished Fellow Award in 2012.
- Medical Center Chief II at Amang Rodriguez Memorial Medical Center



Dr. Paula Sta. Maria

- Head, Section of Pulmonary Medicine, Divine Word Hospital, Tacloban City
- 2025 PCP Distinguished Fellow Award and 2023 PCP Presidential Award
- Member, Health Alliance for Climate and Clear Air Philippines
- Previous Chair (2022-2024), Philippine College of Physicians Committee on Climate Change, Environment and Health
- Leadership in Medicine, Southeast Asia (2023-2024) Harvard Medical School Post Graduate Medical Education



Dr. Charmian Hufano

- Consultant in Internal Medicine and Infectious Diseases, St. Luke's Medical Center Global City, Taguig, De Los Santos Medical Center, Quezon City
- Section Head, Infectious Diseases, De Los Santos Medical Center
- Chairperson, Antimicrobial Stewardship Committee, De Los Santos Medical Center
- Chairperson, Infection Control Committee, De Los Santos Medical Center, 2011 to 2017
- Chairperson of the Department of Medicine, De Los Santos Medical Center, 2017-2023
- Assistant Head, Antimicrobial Resistance Surveillance of the Program Reference Laboratory, Research Institute of Tropical Medicine, 2011-2018
- Assistant Treasurer and Board Member, Philippine Society for Microbiology and Infectious Diseases, 2024-2025
- PRO, District 4, Quezon City Medical Society 2023-2024



Dr. Arthur Dessi Roman

- Internist, Infectious Diseases and Tropical Medicine Specialist
- Head and Medical Specialist IV, Medical Department, Research Institute for Tropical Medicine
- Clinical Associate Professor, Department of Medicine, UP-Philippine General Hospital
- Vice-President, Philippine Society for Microbiology and Infectious Diseases
- Past President, Philippine Hospital Infection Control Society
- Diplomate and Fellow, Philippine College of Physicians and Vice-president, PCP Manila Chapter
- Member of the DOH Mpox task Force and Emerging and Re-emerging Infectious Diseases Strategic Advisory Group of Experts (SAGE)



Dr. Minette Claire Rosario

- Doctor of Medicine, University of the East Ramon Magsaysay Memorial Medical Center
- Residency in Internal Medicine, University of the East Ramon Magsaysay Memorial Medical Center
- Fellowship in Infectious Diseases, St. Luke's Medical Center
- Transplant Observership, Singapore General Hospital
- Master of Science in Health Education, Purdue University Global, Indianapolis, Indiana
- Board Member and Auditor, Philippine Society of Microbiology and Infectious Diseases
- Head, Section of Infectious Diseases, Department of Medicine, St. Luke's Medical Center Quezon City
- Chair, Infection Control Services, St. Luke's Medical Center Quezon City
- Head, Antimicrobial Stewardship Team, National Kidney and Transplant Institute



From Sterile to Dynamic

Historical dogma: lungs sterile until 2010 (through low-biomass but metabolically active microbial communities)

Now: low-biomass but metabolically active microbial communities

Example: healthy BAL showing diverse commensals despite

UNILAB
Allergy, Immunology & Respiratory Medicine

Antimicrobial Resistance (AMR)

AMR occurs when microbes undergo adaptive evolutionary changes that enable them to withstand antimicrobials making infections harder to treat and increasing risk of disease spread, severe illness and death.

<https://www.who.int/health-topics/antimicrobial-resistance>; World Bank Group, 2017

Fungal Lung Infections

DIAGNOSTIC BLINDSPOT

INFLUENZA-LIKE ILLNESS (ILI) AND SEVERE ACUTE RESPIRATORY ILLNESS (SARI) INTEGRATED PAN-RESPIRATORY SURVEILLANCE IN THE PHILIPPINES

Arthur Dosal Roman MD MTM FPCP FPMID
INFECTIVITY 2025 • Philippine College of Clinical Pharmacists
Unlab Bayanan Center • 8 November 2025

Potential Clinical Outcomes of CAP

Short-Term Outcomes or Acute Sequelae of CAP (outcomes within 30 days after CAP)	Long-Term Outcomes or Post-Acute Sequelae of CAP (outcomes months or years after CAP)
<ul style="list-style-type: none"> Pulmonary dysfunction (e.g., persistent shortness of breath, hypoxemia) Cardiovascular dysfunction (e.g., arrhythmias, myocardial infarction, heart failure, stroke) Deterioration of coexisting conditions (e.g., chronic obstructive pulmonary disease, heart failure, diabetes, kidney disease) 	<ul style="list-style-type: none"> Development of new or worsened pulmonary disease (e.g., COPD, emphysema) Development of new or worsened cardiovascular disease (e.g., myocardial infarction, arrhythmias)
<ul style="list-style-type: none"> Rehospitalization (approximately 10 to 15% of patients 30 days after hospitalization for CAP) 	<ul style="list-style-type: none"> Rehospitalization Death (approximately 10 to 15% of patients 1 yr after hospitalization for CAP)

Thomas M. File, Jr., M.D., and Jilly A. Ramirez, M.D. CAP & Engl J Med



RESEARCH



RESEARCH

ACTIVITY	DETAILS	REMARKS
HAP/VAP CPG	<ul style="list-style-type: none">The council represented PCCP as expert panelist in CPG of HAP/VAP	<ul style="list-style-type: none">Answered 10 CPG questions remotelyDec 1 and 2, 2025, whole day en banc meeting



FUTURE PLANS

ACTIVITY	DETAILS	REMARKS
HIV Symposia	<ul style="list-style-type: none">• March 4, 2026,, 10:15am, CS3, Isla 3	<ul style="list-style-type: none">• 3 panelists composed of 2 pulmo and IDS
Webinar	<ul style="list-style-type: none">• Subclade K and Nipah Virus update by IDS	<ul style="list-style-type: none">• Ongoing planning
InFACTivity 2026	<ul style="list-style-type: none">• In collaboration with Pneumolight and St Lukes BGC• November 10-11, 2026 at Henry Sy, St Lukes BGC	<ul style="list-style-type: none">• 2 day event in collaboration with Pneumolight

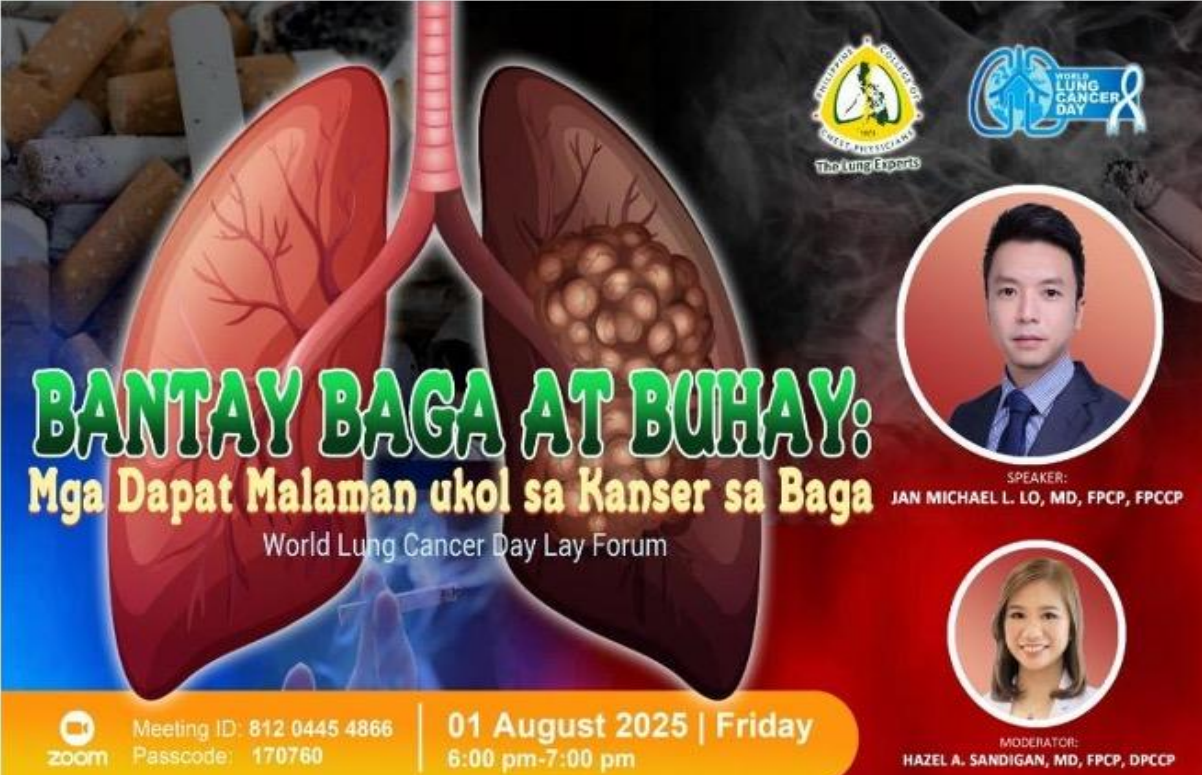
Council on Lung Malignancy

Council Chair: Randy Joseph D.T. Castillo, MD, FPCCP



ADVOCACY

ACTIVITY	DETAILS
World Lung Cancer Day (August 1, 2025)	Webinar lecture on lung cancer epidemiology, symptoms, risk factors and treatment Moderator: Dr. Hazel Sandigan Speaker: Dr. Jan Michael Lo



BANTAY BAGA AT BUHAY:
Mga Dapat Malaman ukol sa Kanser sa Baga
World Lung Cancer Day Lay Forum

SPEAKER:
JAN MICHAEL L. LO, MD, FPCP, FPCCP

MODERATOR:
HAZEL A. SANDIGAN, MD, FPCP, DPCCP

Meeting ID: 812 0445 4866 | 01 August 2025 | Friday
Passcode: 170760 | 6:00 pm-7:00 pm

zoom

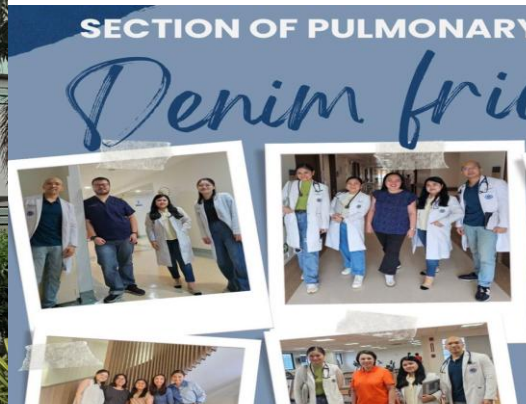
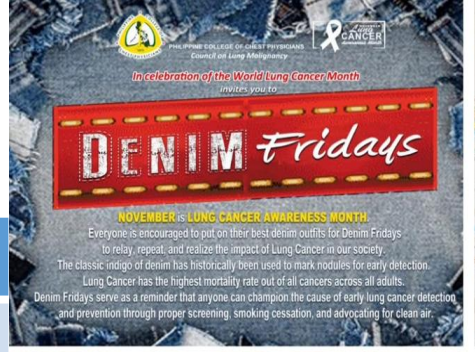
PHILIPPINE COLLEGE OF CHEST PHYSICIANS
The Lung Experts

WORLD LUNG CANCER DAY



ADVOCACY

ACTIVITY	DETAILS
Lung Cancer Awareness Month (November 2025)	DENIM FRIDAY CAMPAIGN (Training Institutions Participation)



ADVOCACY

ACTIVITY	DETAILS
Lung Cancer Awareness Month (November 20, 2025)	Molding Hopezel Sandigan Speaker: Dr. Jan Michael Lo
	
	
<p>20 November 2025 Thursday 9:00 am-12:00 nn</p> <p>PCCP Main Office 84-A Malakas St, Diliman, Quezon City For reservations please contact: 09178990553</p>	



ADVOCACY/EDUCATION

ACTIVITY	DETAILS
Lung Cancer Awareness Month (November 2025)	Lay forums/ Lung Cancer Campaigns (Training Institution Participation) and Media Interview (Dr. Ryan Sy)



ASIAN HOSPITAL AND MEDICAL CENTER
Global Expertise. Filipino Heart.
METRO PACIFIC HEALTH

Know, Act, Care Advancing Lung Cancer Care

A call to move beyond awareness into tangible steps in research, treatment, and support

Kick-off
November 17, 2025 | 10:00 AM to 11:00 AM
Main Lobby, Upper Ground Floor, Tower 1
Asian Hospital and Medical Center

Lobby Display
November 17-21, 2025
Main Lobby, Upper Ground Floor, Tower 1
Asian Hospital and Medical Center

Asian Institute of Respiriology
Breathe Better with AIR

For inquiries, contact:
Asian Institute of Respiriology
(02) 8771-9000 local 5815 or 5991



ADVOCACY/EDUCATION

ACTIVITY	DETAILS
Lung Cancer Awareness Month (November 24, 2025)	CME Webinar lecture on Advancements and Best Practices in Lung Cancer Screening (LDCT and artificial intelligence use) Moderator: Dr. Randy Castillo Speaker: Dr. Janeth Samson

AstraZeneca  in collaboration with the Philippine College of Chest Physicians 

Advancements and Best Practices in Lung Cancer Screening

SPEAKER
Ma. Janeth T. Samson
FPCP, FPCCP

MODERATOR
Randy Joseph D.T. Castillo,
M.D., FPCP, FPCCP

 November 24, 2025

 06:00 PM Asia/Manila

 <https://qr.short.az/AZandPCCPWebinar2025>



SCAN TO JOIN

This session is supported by AstraZeneca. The content is intended for Health Care Professionals for medical educational purposes only. Expert opinions of the participating physicians are based on their experience to date. AstraZeneca does not engage in the promotion of unapproved products or unapproved indications. Please consult local Prescribing Information for registration product license details.

PH ONCOLOGY_PH-13046_102025



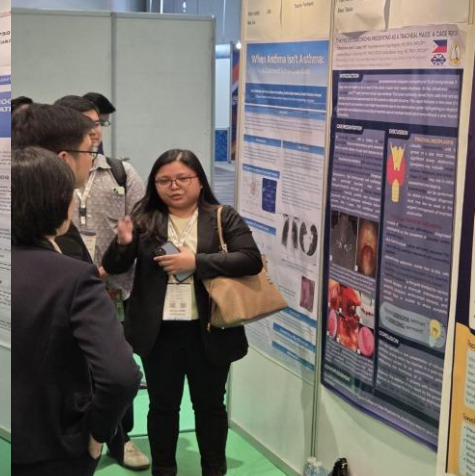
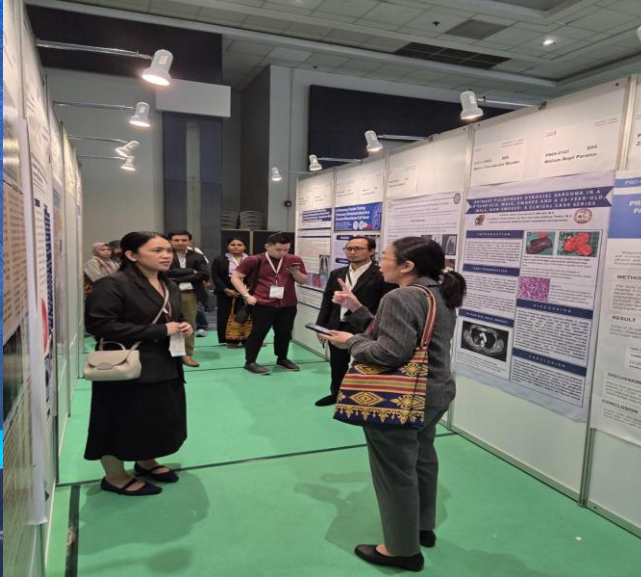
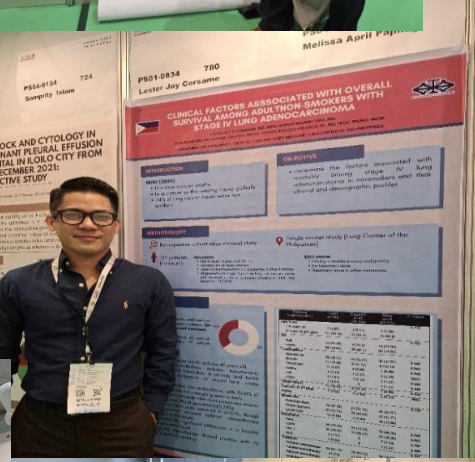
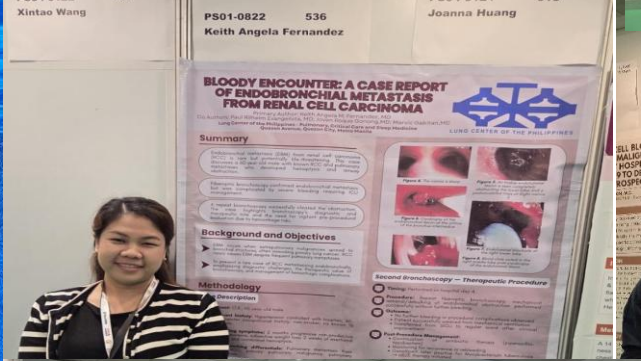
RESEARCH

TITLE OF RESEARCH	DETAILS
Clinical Registry of Primary Lung Cancer Patients Diagnosed in PCCP Training Institutions	<ul style="list-style-type: none">- 3 pilot sites: Lung Center of the Philippines, St Lukes Medical Center Qc and The Medical City- ONGOING DATA COLLECTION (~25 patients)



OTHER INITIATIVES

ACTIVITY	DETAILS
APSR PARTICIPATION	LUNG CANCER IN ASIA SESSION (Moderator) and Research Poster Presentation Panel



OTHER INITIATIVES

ACTIVITY	HIGHLIGHTS	REMARKS
PhilHealth Expansion of Lung Cancer Care Services	To align and strategize the approach to the PhilHealth Expansion of Lung Cancer Care Services, which aims to provide responsive benefit packages and continuously improve services for National Health Insurance Program (NHIP) members.	Consultative meetings with stakeholders (PCCP, PATACSI, PCR, PSMO, PROS, PHIC) – proposal already sent to PHIC doing cost benefit analysis



FUTURE PLANS

1. **Annual Convention 2026 (March 5, 2026): CS 11- “Lung Cancer Screening and Management: Liquid biopsies and Next generation sequencing and the Role of pulmonologists in multidisciplinary thoracic oncology teams”**
2. **Continue Data Collection for Lung Cancer Registry (5 year study)**
3. **Follow up/update PhilHealth Expansion of Lung Cancer Care Services**
4. **Patient/MD resources for Early Lung Cancer Detection**
5. **CPG on Pulmonary Nodule/Mass**



Council on Occupational and Interstitial Lung Diseases

Council Chair: Celeste Mae Lardizabal-Campomanes, MD, FPCCP



Education and Training

ACTIVITY	DETAILS	REMARKS
APSR 2025 - SOLDIARITY IN LUNG HEALTH	CS ON ILD Oral presentation on ILD	Speaker – Catherine Jordan Moderator- Dr. Dina Diaz Moderator- Mae Campomanes
OBE Curriculum	1 year rotation for 2 nd year fellows Ongoing	Current curriculum encourages training institutions to conduct their own MDT's or participate in shared institutional MDT's
ILD Masterclass: an E-learning Solution	Ongoing; <i>Recommended Mandatory</i> completion by fellows in training	Access is until end of 2026 but may be renewed in the coming years; Current and incoming fellows in training will be pre-registered by the IT and each FIT will be updated on their status until completion
CS19 in the GALING Annual chest convention	March 5, 2026	The ILD patient pathway - Campomanes Pulmonary toxicities of Modern Therapies- Jordan Storms in the Lungs- Exacerbations in ILD- Diaz

Advocacy

ACTIVITY	DETAILS	REMARKS
The Breathing Room : <i>the Pulmonary Fibrosis Support Group</i>	Soft launch September 2025 but intended to be a quarterly project this 2026-2027	Collaboration with other support groups such as Lupus Foundation and Scleroderma support group and Philippine Orphan Disease foundation
Webinar: Breathe in, Power Up: Exercising with Pulmonary Fibrosis by <i>Cristalle Dy-Sebastian</i> moderated by <i>Gilly Europa</i>	September 27, 2025	Collaboration with the Council on Pulmonary rehabilitation
Printing and distribution of flyers for primary care physicians and patients	Continuous Visibility and availability through social media	Materials shared via Google drive for use by institutions and hospitals
Medication Access for patients	HINGA (Helping ILD patients on Nintedanib gain Access)	<ul style="list-style-type: none"> •The Program has two key features <ul style="list-style-type: none"> ◦Access Price (Discount) (50%) ◦Government funding navigation program Both are exclusively available from Globo and valid until Dec. 29, 2026

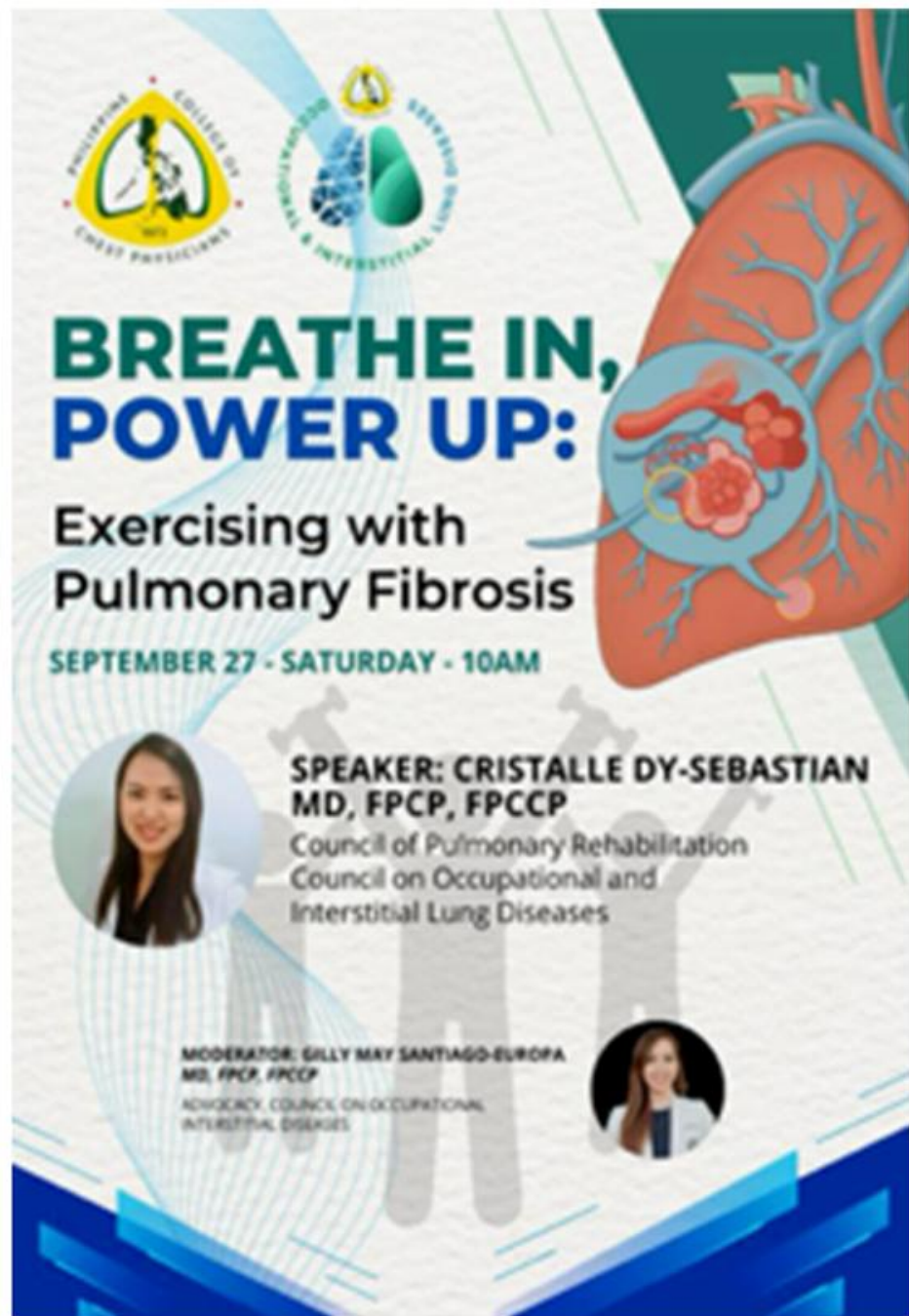
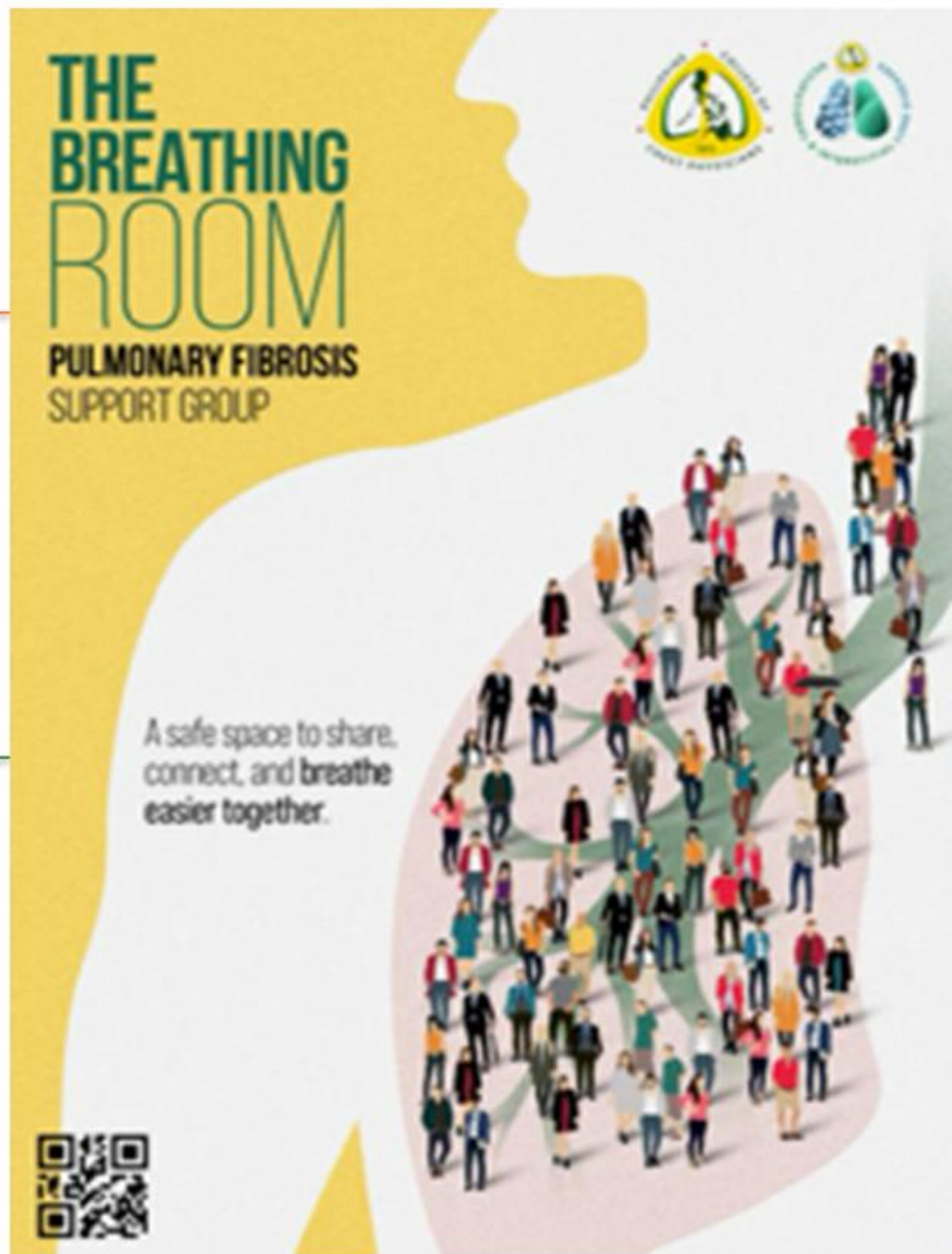
Research

TITLE OF RESEARCH	DETAILS	REMARKS
The Philippine National ILD Registry	<p>IRB approved in the 5 pilot centers (USTH,LCP, PHC, MMC, St. Luke's Medical Center)</p> <p>Database has been reviewed by the PCCP Council on OILD Core group for the National Registry Project- May to July 2025</p> <p>MOA between PCCP and Medcheck the 3rd party platform to assist in the registry signed and notarized- Feb 2026</p> <p>Training of Research assistant and 5 pilot centers in the data entry to commence Q1 of 2026</p> <p>Plan to continue Data collection until Q1 of 2028</p> <p>Publication by end of 2028</p>	<p>Done as of 2024; will update IRB communication</p> <p>Budget proposal reviewed and revised by Medcheck to accommodate the price adjustment to lower rates</p> <p>Funding has been allocated by a grant that has been ear-marked for the project. PCCP BOT has approved the funding in tranches.</p> <p>Research assistant identified and talent will be shared with Lung Cancer Council for their Registry</p>

Activities

Flyers in Tagalog – version of the Primers for patients, primary care physicians and pulmonologists have been developed and will be reprinted for distribution

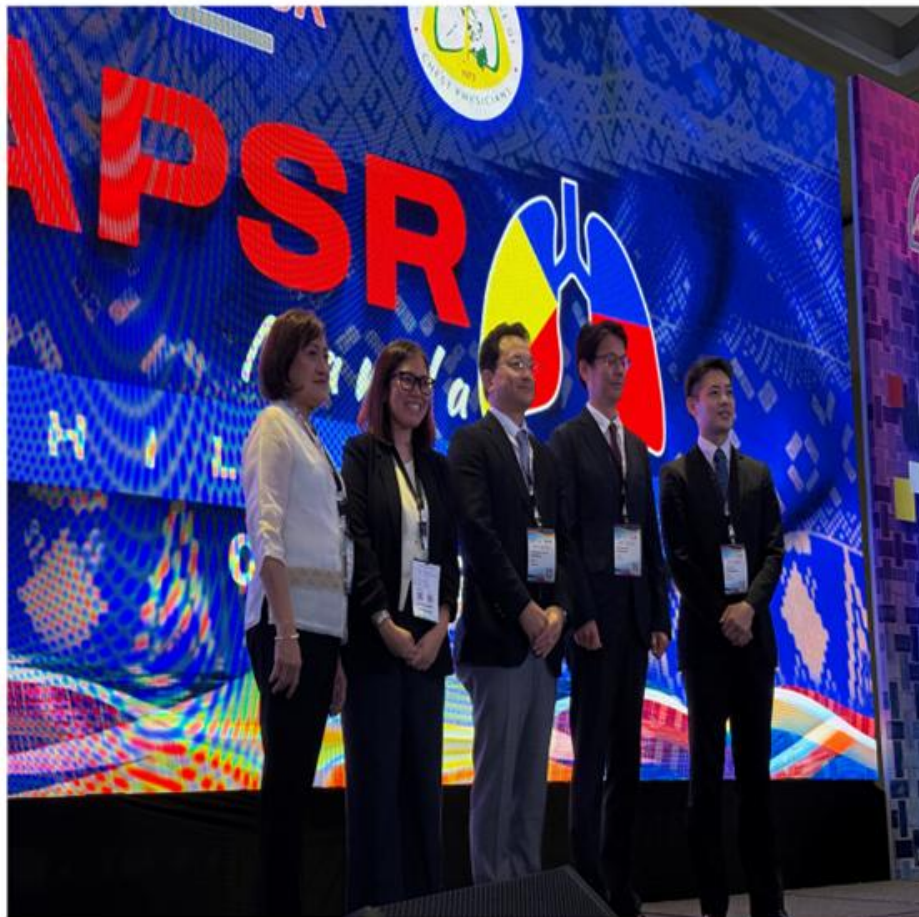
The digital video version of the material for dissemination may still be used



PHOTOS



PHILIPPINE ILD REGISTRY
CORE GROUP MEETING



APSR 2025 ILD SYMPOSIUM AND ORAL PRESENTATION



Council on Pulmonary Rehabilitation

Council Chair: Percival Punzal, MD, FPCCP



ADVOCACY

ACTIVITY	DETAILS (date of event; target attendees/participants)	REMARKS
YouTube Channel – Pulmonary Rehabilitation Philippines	Launched in 2024 and currently online	Regular Video updates on topics relevant to local pulmo rehab practice since launching 412 subscribers and 52 videos
The 2 nd celebration of the annual National Pulmonary Rehabilitation Day	June 18, 2025	Accomplished with activities involving participating centers, patients, caregivers and the public in general
Request to Malacanang for the declaration of the “National Pulmonary Rehabilitation Day”	December 4, 2025	Proclamation 1104 declared the 3 rd Wednesday of June of every year as the “National Pulmonary Rehabilitation Day”



Pulmonary Rehabilitation Philippines

@pulmonaryrehabilitation5284 · 341 subscribers · 48 videos

The Council on Pulmonary Rehabilitation of the Philippine College of Chest Physicians (P...more

youtube.com/@pulmonaryrehabilitation5284

Subscribed

Home Videos Shorts **Playlists**

Created playlists

Sort by



National Pulmonary Rehabilitation Day 2025
View full playlist



Holiday Greetings
View full playlist



Pulmonary Rehabilitation Philippines YouTube Channel
View full playlist



Pulmonary Rehabilitation Conferences for Healthcare ...
View full playlist



Lay Health Information: Usapang Pulmonary ...
Updated today
View full playlist



Breathing Techniques and Exercises for Health and ...
View full playlist



Pulmonary Rehabilitation Programs in the Philippines
View full playlist



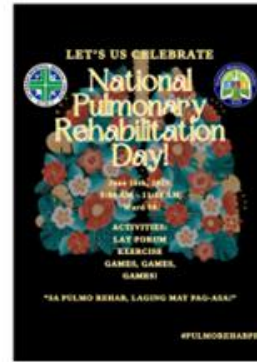
Patient Testimonials : Mga Kuwentong Pulmo Rehab
View full playlist



National Pulmonary Rehabilitation Day ...
View full playlist

NATIONAL PULMONARY REHABILITATION DAY
 "Sa Pulmo Rehab, laging may pag-asa!"
 June 18, 2025

#pulmorehabPH



LET'S US CELEBRATE
National Pulmonary Rehabilitation Day!
 June 18, 2025
 10:00 AM - 12:00 PM
 ACTIVITIES:
 LAY FORUM
 EXERCISE
 GAMES, GAMES, GAMES!

"SA PULMO REHAB, LAGING MAY PAG-ASA!"

#PULMOREHABPH

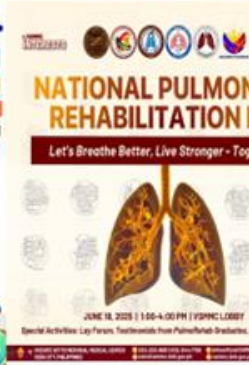


Dr. Luke's
NATIONAL PULMONARY REHABILITATION DAY
 "BREATHE EASY, MOVE FREELY, LIVE FULLY"
 June 18, 2025
 LAY FORUM

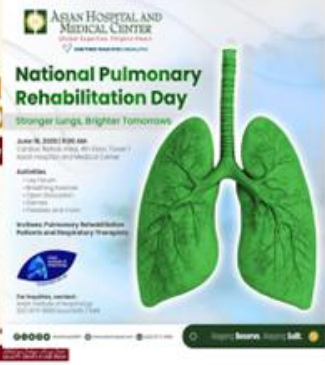
8:30AM - 9:30AM
 9:30AM - 10:30AM



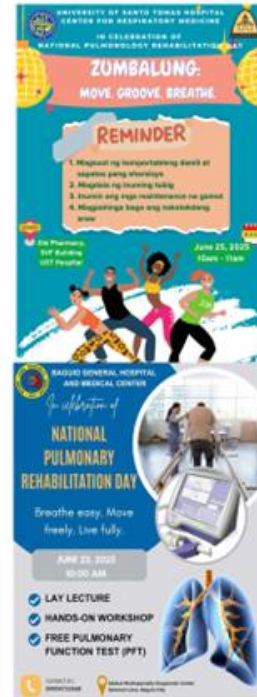
LUNG CENTER OF THE PHILIPPINES
JANUARY NATIONAL PULMONARY REHABILITATION DAY
 BREATHE EASY, MOVE FREELY, LIVE FULLY
 TOPIC:
 THE PHILIPPINE ASIAN PACIFIC RIM COOPERATION
 "ACROSS NATIONAL BORDERS"
 DR. JAYANATHAN
 SENIOR DATA SCIENTIST AND RESEARCHER
 PHILIPPINE AIRWAYS
 DR. JAYANATHAN



NATIONAL PULMONARY REHABILITATION DAY
 Let's Breathe Better, Live Stronger - Togo
 June 18, 2025 | 1:00-4:00 PM | VSP/PC LOBBY
 Special Activities: Lay Forum, Treatments from PulmoRehab Database, etc.



ASIAN HOSPITAL AND MEDICAL CENTER
National Pulmonary Rehabilitation Day
 Stronger Lungs, Brighter Tomorrow
 June 18, 2025 | 8:00 AM - 12:00 PM
 Location: Medical Plaza, 4th Floor, Tower 1
 Asian Hospital and Medical Center
 Activities:
 - Lay Forum
 - Group Exercise
 - Interactive Quiz
 - Free Pulmonary Function Test
 - Free Lung Ultrasound
 - Free Chest X-ray
 - Free Spirometry
 - Free Peak Flow Meter
 - Free Lung Ultrasound
 - Free Chest X-ray
 - Free Spirometry
 - Free Peak Flow Meter



UNIVERSITY OF SANTA FE HEALTH CENTER FOR RESPIRATORY REHABILITATION
 IN CELEBRATION OF NATIONAL PULMONARY REHABILITATION DAY
ZUMBALUNG: MOVE GROOVE BREATHE.
REMINDER
 1. Register ng kumpanyang ibang ibang sa mga grupong zumbalung.
 2. Magpahinga ng maayos pagkatapos ng zumbalung.
 3. Magpahinga ang mga kasapi ng grupong zumbalung.
 4. Magpahinga bago ang kumpanyang ibang ibang sa mga grupong zumbalung.
 June 25, 2025
 10:00 AM - 11:00 AM
 Dr. Patricia
 Ruffalo
 DPT
 Ruffalo

RADIOS GENERAL HOSPITAL AND MEDICAL CENTER
 In celebration of
NATIONAL PULMONARY REHABILITATION DAY
 Breathe easy, Move freely, Live fully.
 June 25, 2025
 10:00 AM
 LAY LECTURE
 HANDS-ON WORKSHOP
 FREE PULMONARY FUNCTION TEST (PFT)



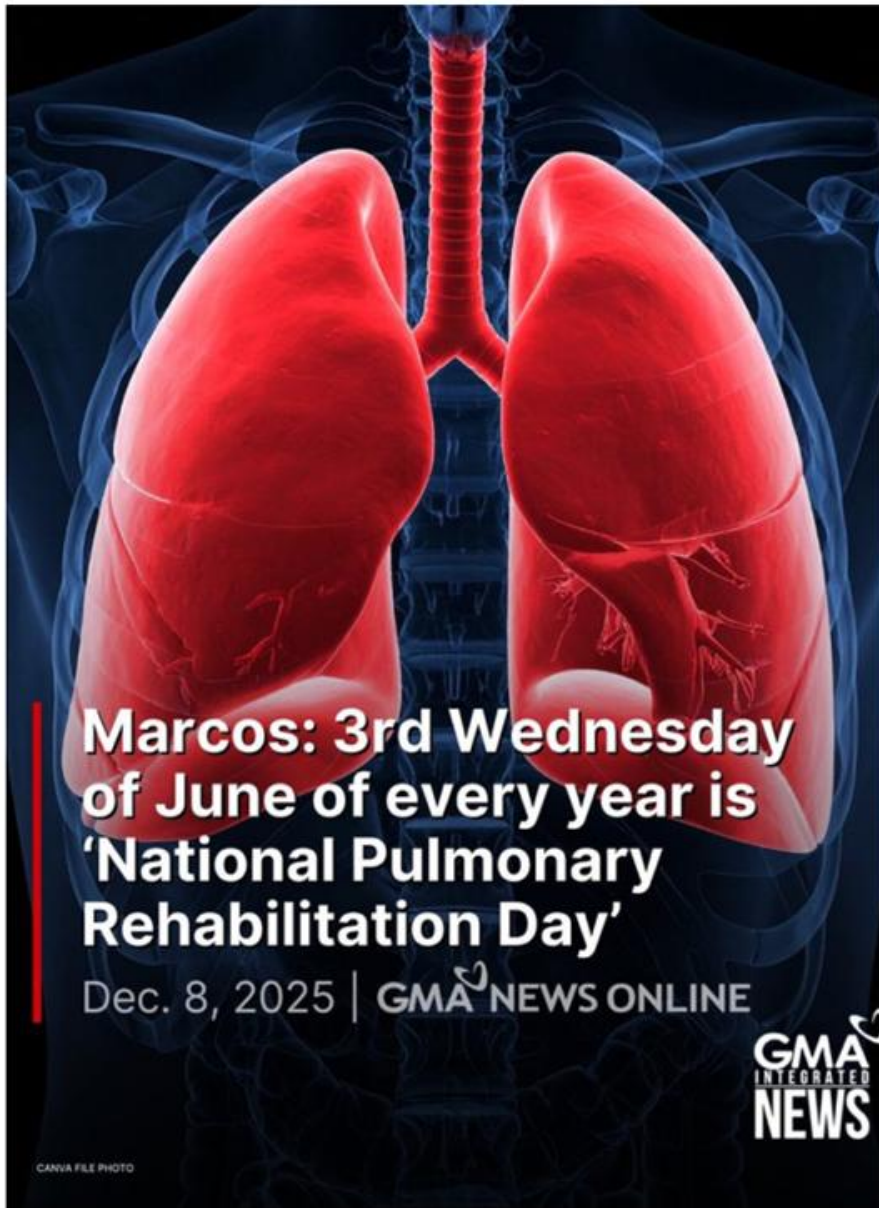
PULMONARY REHABILITATION: Implementation and Challenges in Real-World Settings
 DATE: 18 JUNE 2025
 TIME: 7:00 - 8:30 PM
 PLATFORM: ZOOM
 SCAN OR CODE TO REGISTER
 REGISTRATION IS FREE

Introduction to Pulmonary Rehabilitation
 Professor Julia Patrick Engkason
 Universiti Malaya, Malaysia

Implementing Pulmonary Rehabilitation
 Dr Chan Soo Chin
 Universiti Malaya, Malaysia

Stakeholder Engagement and Lessons from the RESPIRE Study
 Dr Jayakayatri Jeevajothi Nathan
 Universiti Malaya, Malaysia





MALACAÑAN PALACE
MANILA

BY THE PRESIDENT OF THE PHILIPPINES

PROCLAMATION NO. 1104

DECLARING THE THIRD WEDNESDAY OF JUNE OF EVERY YEAR
AS THE "NATIONAL PULMONARY REHABILITATION DAY"

All agencies and instrumentalities of the National Government, including government-owned or -controlled corporations and state universities and colleges, are hereby directed, and all local government units, NGOs, and the private sector, are hereby encouraged to actively participate and render the necessary support and assistance to DOH for the effective implementation of this Proclamation.

Further, the Presidential Communications Office is also directed to implement effective measures to inform and encourage the public to support the programs, activities, and projects for the celebration of the National Pulmonary Rehabilitation Day.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the seal of the Republic of the Philippines to be affixed.

DONE, in the City of Manila, this 4th day of December, in the year of Our Lord, Two Thousand and Twenty-Five. _____

EDUCATION AND TRAINING

ACTIVITY	DETAILS (date of event; target attendees/participants)	REMARKS
Asia-Pacific Pulmonary Rehabilitation Network	Started in January 2025 with membership that includes 24 MDs and rehab experts from 10 countries	Alliances with PR experts in the Asia Pacific region in three areas: information exchange; clinical research; observership program
Pulmonary Rehabilitation and CPET Workshop	August 22, 2025 2nd year pulmo fellows in training, PCCP members, allied health professionals	Accomplished thru a hybrid conference with actual CPET demonstration
APSR Post Grad Course on Pulmonary Rehabilitation	November 10, 2025 International participants attending APSR Congress Manila	Accomplished as a face to face conference with actual CPET demonstration



Pulmo Rehab International Collaboration

Australia 

Dr. Anne Holland

Dr. Kylie Hill

Dr. Vinicius Cavalheri

Dr. Homer P.M Yu

Dr. Siti Chandra Widjanantie

Dr. Akira Tamaki

Dr. Soo Chin Chan

Dr. Jayakayatri Nathan

Prof. Julia Patrick Engkasan

Dr. Saari Mohamad Yatim

Dr. Martijn Spruit

Dr. San San Tay

Vietnam 

Dr. Vinh Nhu Nguyen

Dr. Totruong Duy

Dr. Nguyen Ngoc Minh

Hong Kong 

Dr. Siu Leung Fung

Dr. Ida Wong

Dr. Hoi Yee Kwan

Dr. Siu Pui Lam

Dr. Betty Young

Dr. Fanny Wai San Ko

Dr. Chung Tat Lun

Dr. Kah Lin Choo

China 

Indonesia 

Japan 

Malaysia 

Netherlands 

Singapore 



Anne Holland
research.monash.edu



EDUCATION AND TRAINING

ACTIVITY	DETAILS (date of event; target attendees/participants)	REMARKS
Webinar – “Pulmonary Rehabilitation: Implementation & Challenges in Real World Settings”	June 18, 2024 PR experts from Malaysia as speakers Participants - MDs and allied health professionals	Accomplished with the participation of both local and overseas health professionals (n=364)
Webinar -Pulmonary Rehabilitation: “Opportunities and Future Directions from a Hong Kong Perspective”	November 26, 2025 PR experts from Hong Kong as speakers Participants – MDs and allied health professionals	Accomplished with the participation of both local ad overseas health professionals (n=166)

EDUCATION AND TRAINING

ACTIVITY	DETAILS (date of event; target attendees/participants)	REMARKS
Webinar – “East Meets West: Innovations and Perspectives on Inpatient Pulmonary Rehabilitation”	February 18, 2026 PR experts from the Philippines, Indonesia and Netherlands as speakers Participants - MDs and allied health professionals	Accomplished with the participation of both local and overseas health professionals





**PULMONARY REHABILITATION:
Implementation and Challenges
in Real-World Settings**

DATE: 18 JUNE 2025
TIME: 7:00 - 8:30 PM
PLATFORM: ZOOM

SCAN QR CODE TO REGISTER



REGISTRATION IS FREE

Introduction to Pulmonary Rehabilitation
Professor Julia Patrick Engkasan
Universiti Malaya, Malaysia

Implementing Pulmonary Rehabilitation
Dr Chan Soo Chin
Universiti Malaya, Malaysia

Stakeholder Engagement and Lessons from the RESPIRE Study
Dr Jayakayatri Jeevajothe Nathan
Universiti Malaya, Malaysia



**Pulmonary Rehabilitation:
Opportunities and Future Directions from a Hong Kong Perspective**

Development and Models of Pulmonary Rehabilitation in Hong Kong
Dr. Peter Siu-pul Lam
Pedder Health, Hong Kong SAR, China

Enhancing Lung Health: A Multidisciplinary Strategy for Pulmonary Rehabilitation and Technology Integration
Dr. Candy Mai-yea Kwan
Kowloon Hospital, Hong Kong SAR, China

Occupational Therapy in Pulmonary Rehabilitation: A Continuum of Care from Hospital to Community
Mr. William Ko
Kowloon Hospital, Hong Kong SAR, China

November 26, 2025
7:00 - 8:30 pm (Manila Time)
ZOOM

Scan QR code to register




**EAST MEETS WEST:
Innovations and Perspectives on Inpatient Pulmonary Rehabilitation**

Inpatient Pulmonary Rehabilitation : Evidence of Safety and Efficacy
Dr. Percival Punzal
Philippine Heart Center

A Comprehensive Approach to Inpatient Pulmonary Rehabilitation, an Indonesian Perspective
Dr. Siti Chandra Widjanandje
Universitas Indonesia

Advancing Inpatient Pulmonary Rehabilitation: Insights and Outcomes from the Netherlands
Dr. Martjin Spruit
Maastricht University Medical Center
Netherlands

February 18, 2026
4:00 pm to 5:40 pm (Manila Time)
ZOOM

Scan QR code to register






Pulmonary Rehabilitation and Cardiopulmonary Exercise Test (CPET) Workshop

Course Overview

- Overview of Pulmonary Rehabilitation
- Outcome Assessment
- 6-Minute Walk Test
- Incremental Shuttle Walk Test
- Cardiopulmonary Exercise Test (CPET)
- Education and Self-Management
- Exercise Training and Prescription
- Interactive Case Discussion

SAVE THE DATE!

 22 August 2025

 8:30 am - 4:00 pm

 VENUE: PCCP Office



RESEARCH

ACTIVITY	DETAILS (date of event; target attendees/participants)	REMARKS	
Research papers from the Pulmonary Rehabilitation of the Philippine Heart Center (PHC)	January 2025 to December 2025 Clinical Research Fellows from PHC	Two research papers completed and approved by PHC ETRS One research paper completed and awaiting final approval of PHC ETRS	



FUTURE PLANS

Project: Pulmonary Rehabilitation Clinical Practice Guidelines

Objectives:	To provide best practice recommendations for the indications, conduct of the program and evidence-based clinical benefits for patients with chronic respiratory diseases
Target Output (Specific, Measurable, Attainable, Realistic, Timebound)	PCCP members, allied health professionals
Strategies to achieve objectives (ex. Action plan-steps and activities)	DOH application for funding submitted and approved for the year 2026
Success indicators (ex. Attendance, social media reach etc)	Publication the the pulmonary rehabilitation clinical practice guidelines
Project cost (attach detailed costing)	Php 3 M
Timelines	March to December 2026
Source of funding	Department of Health

FUTURE PLANS

Project: Pulmonary Rehabilitation PhilHealth Accreditation	
Objectives:	PhilHealth accreditation of PR programs
Target Output (Specific, Measurable, Attainable, Realistic, Timebound)	Accreditation and funding of PR for patients with CRDs
Strategies to achieve objectives (ex. Action plan-steps and activities)	Coordination and communication with Ms Abigail Estrada – Head Inpatient Product Team Benefits Development and Research Dept
Success indicators (ex. Attendance, social media reach etc)	PhilHealth package of PR for CRDs
Project cost (attach detailed costing)	
Timelines	On going
Source of funding	Philhealth

FUTURE PLANS

**45th Annual Chest Convention from March 3 to 6, 2026
at Edsa Shangri-La Manila, Mandaluyong City**

**CS 2: Building the Future of Pulmonary Rehabilitation in the Asia-Pacific: Innovation,
Collaboration, and Access**

04 March 2026 (Wednesday), 10:15 – 11:45 AM @ Isla Ballroom 2

Current State of Pulmonary Rehabilitation in the Asia Pacific Region
PERCIVAL A. PUNZAL, MD, FPCCP

Innovative Robotic Applications in Pulmonary Rehabilitation
CHARIZA B. HALUN, MD, FPCC

Pulmonary Telerehabilitation: Revolutionizing Respiratory Care in the Digital Era
NIKKO JOHN A. DALISAY, MD, FPCCP



The Lung Experts

Council on Sleep Medicine

Council Chair: Patrick Gerard Moral, MD, FPCCP



Council on Sleep Medicine: Education



Project	Advocacy : World Sleep Day Lives - Sleep with us!
Objectives:	
Target Output (Specific, Measurable, Attainable, Realistic, Timebound)	Zoom webinar hosted on PCCP facebook page
Strategies to achieve objectives (ex. Action plan-steps and activities)	Webinar
Success indicators (ex. Attendance, social media reach etc)	100 audience

Sleep Breathe 2025

APT. APT.
Apneas, Polysomnogram, home sleep Test And Pap Therapy

Speakers:
DR. SHAREEFA-HUDA L. MANDANGAN
Identifying the Patients at Risk for SROSA
2:00 pm - 2:30 pm

DR. EDISON DE VERA
Work up and Diagnosing the Sleep Apnea Patient
2:30 pm - 3:00 pm

DR. IVARRENE E. CAHINDE
Types of PAP and what fits your Patient
3:00 pm - 3:30 pm

3:30 pm - 4:00 pm OPEN FORUM
Moderators:
DR. KRISTEL KARA CHUA-UM AND DR. FRANCIS DOMINIQUE G. MAGTURO

zoom Meeting ID: 818 5881 4946 29 March 2025 (Saturday)
Passcode: 259403 2:00 pm to 4:00 pm

SAHARA NIGHTS

STOP APNEAS, HYPOPNEAS AND RERAS AT NIGHT

BREATHE BETTER, SLEEP BETTER

STOP SNORING • PREVENT HAPHS & BILDING • SLEEP SOUNDLY

Hosted by World Sleep Society

World Sleep Day

Sleep Well Live Better **March 13, 2026**



Council on Sleep Medicine: Advocacy

DESIGNING FOR *better* SLEEP

Patrick Gerard L. Moral, MD FPCCP, FPSSM
Associate Professor, UST Faculty of Medicine & Surgery

Council on Sleep Medicine: Advocacy

Project	Advocacy : Cross Platform Social Media Reels - Sleep Lung!
Objectives:	
Target Output (Specific, Measurable, Attainable, Realistic, Timebound)	30 second to one minute reels for Social Media Platforms
Strategies to achieve objectives (ex. Action plan-steps and activities)	Weekly programmed release of content
Success indicators (ex. Attendance, social media reach etc)	Analytics - organic audience reach
Project cost (attach detailed costing)	10,000 (Boosting)
Timelines	March 2026 to 2027
Source of funding	Council



Usapang Tulog



Council on Sleep Medicine: Training

Project	Training : Sleep Webinar - Initiating First year Trainees (SWIFT)
Objectives:	
Target Output (Specific, Measurable, Attainable, Realistic, Timebound)	Sleep Physiology and the Respiratory System introductory interactive workshop for junior fellows in training
Strategies to achieve objectives (ex. Action plan-steps and activities)	Webinar to module
Success indicators (ex. Attendance, social media reach etc)	Attendance of Junior Fellows (80%)
Project cost (attach detailed costing)	5000 PhP
Timelines	June 2026
Source of funding	Council

Council on Sleep Medicine: Training

Project	Training : Sleep Webinar - Improving Second year Session (SWISS)
Objectives:	
Target Output (Specific, Measurable, Attainable, Realistic, Timebound)	Managing the complex cases and troubleshooting in sleep medicine
Strategies to achieve objectives (ex. Action plan-steps and activities)	Webinar to module
Success indicators (ex. Attendance, social media reach etc)	Attendance of Senior Fellows (80%)
Project cost (attach detailed costing)	5000 PhP
Timelines	July 2027
Source of funding	Council

Council on Sleep Medicine: Research



Project	Publication : Update of OSA Guidelines
Objectives:	
Target Output (Specific, Measurable, Attainable, Realistic, Timebound)	Updating the OSA Guidelines under DOH auspices
Strategies to achieve objectives (ex. Action plan-steps and activities)	Literature review and collation
Success indicators (ex. Attendance, social media reach etc)	Local material collated
Project cost (attach detailed costing)	TBA
Timelines	2028
Source of funding	Council / DOH

Council on Tuberculosis

Council Chair: Elizabeth V. Cadena, MD, FPCCP



ADVOCACY

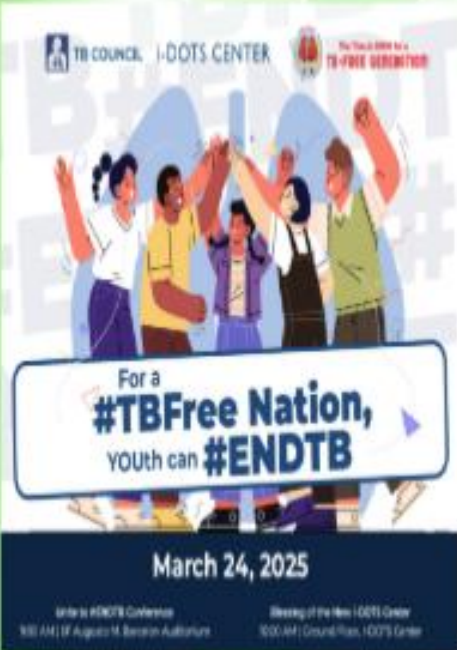
Head: Dr. Freddie Peleo

ACTIVITY	DETAILS (date of event; target attendees/participants)	REMARKS
Production of lecture slides 1. Myths and Facts About TB 2. TB PCCP Lay Forum	completed	
Printing of educational pamphlets and posters in the 5 translated dialects – Bicolano, Bisaya, Ilocano, Ilonggo, Pangasinense		- ready for printing but had problems with pharma sponsor
World TB Day commemoration	- March 15, 2025 at the Caloocan Sports Complex - Current and Past PhilCAT Chairs from PCCP in attendance	



The Lung Experts

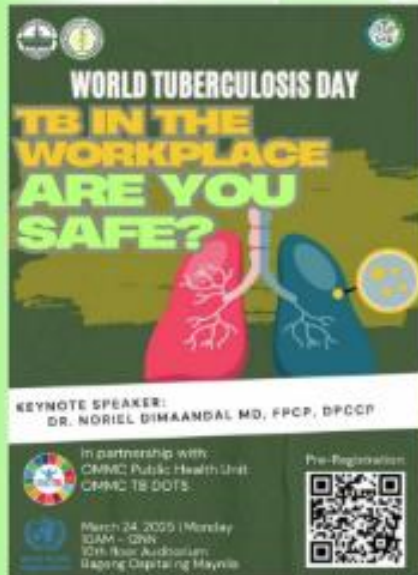
TB lectures and radio guesting



TB Orientation to the Community



TB Lecture City Jail



EDUCATION AND TRAINING

CME Head: Dr. Lerma Malabag Arandia Guidelines Head: Dr. Lalaine Llamido Mortera

ACTIVITY	DETAILS (date of event; target attendees)	REMARKS
Webinar – TB PROPHYLAXIS 2025: BREAKING THE CHAIN BEFORE IT STARTS Speaker: Dr. Mary Rose Santiago	August 20, 2025	262 attendees via zoom
Webinar – WHEN IT’S NOT TB: UNMASKING NON-TUBERCULOUS MYCOBACTERIA Speaker: Dr. Rontgene Solante	November 25, 2025	150 attendees
PCCP 45 th Annual Convention CS 13: Beyond the Standard Regimen: Treating TB in High Risk Individuals	March 5, 2026 Speakers: 1. Ian Homer Y. Cua, MD 2. Anthony Russel T. Villanueva, MD 3. Jennifer Ann Mendoza-Wi, MD	
Training of Trainors for TB CPG	July 25, 2025	35 pulmonologists attended with all chapters represented
Roll out of TB CPG to various MDs, nurses, Allied Health Professionals	September 2025 start date	ongoing



WEBINARS

**THE PHILIPPINE COLLEGE OF CHEST PHYSICIANS
TB COUNCIL**

presents a webinar on

TB PROPHYLAXIS 2025: BREAKING THE CHAIN BEFORE IT STARTS

MARY ROSARY TAGUINOD SANTIAGO, MD, MPH
SPEAKER

MA. CRISTINA MARANION, MD, FPCP, FPCCP
MODERATOR

AUGUST 20, 2025
6:00-8:00 PM

ZOOM LINK
<https://us02ampl.zoom.us/j/9820093247>
PWS: 8883421194#835702
S0E333
MEETING ID: 883 2194 4157
PASSCODE: 116173

Philippine College of Chest Physicians Council on Tuberculosis

Presents a Webinar on

WHEN IT'S NOT TB: UNMASKING NON-TUBERCULOUS MYCOBACTERIA

Rontgene Solante, MD
Speaker

Ma. Lowella De Leon, MD
Moderator

November 25, 2025
6:00 P.M. - 8:00 P.M.

via Zoom

Meeting ID: 883 2194 4157
Passcode: 835702



The Lung Experts

The Lung Experts

CPG Roll Out



RESEARCH

Head: Dr. Romy Uy

TITLE OF RESEARCH	STATUS	REMARKS	
"Assessment of Knowledge, Attitude, and Practices of Pulmonologists on Tuberculosis Notification"	SJREB review scheduled February 18, 2026 Parallel review of 3 sites – LCP, Manila Doctors, Perpetual	- As soon as approved, we will distribute to intended population i.e. PCCP diplomates, FIT, non-diplomates/pulmo grads - target population: 330 respondents	



OTHER INITIATIVES/INNOVATIONS

ACTIVITY	HIGHLIGHTS
Big 5 Workshop during APSR 2025	Presentation of Primary Models of Care by: <ol style="list-style-type: none">1. Dr. Lalaine Mortera – “Integrating TB Prevention and Screening in Primary Care Package: A Private Sector Engagement Model for TB Elimination within Universal Health Care2. Dr. Jennifer Ann Mendoza-Wi – “UBO Patrol”
Submitted nomination as speaker and moderator for APSR 2026, Penang Malaysia	Topic – TB Preventive Therapy Among Vulnerable Groups: Challenges, Evidence and Impact Speaker – Dr. Charles Yu Session Chair – Dr.Lalaine Mortera



OTHER INITIATIVES/INNOVATIONS



STATEMENT ON USING MILK AS A SUBSTITUTE FOR TUBERCULOSIS MEDICATION



Amid misinformation about the health benefits of drinking milk to combat tuberculosis, the **Philippine College of Physicians (PCP)** and **Philippine College of Chest Physicians (PCCP) Council on Tuberculosis** would like to clarify that tuberculosis is a disease entity caused by: *Mycobacterium tuberculosis*, is transmitted through airborne droplets between people.

Active TB disease, with susceptible strains, can be cured by a combination of a 4-drug regimen: isoniazid, rifampin, pyrazinamide, and ethambutol given over a span of 6 months. Milk supplementation supports bone health but is **not an alternative to TB management.**

Delay of treatment can cause spread to other organs and other people, and may even lead to death.



PAHAYAG SA MALING PANINIWALA UKOL SA GATAS BILANG GAMOT SA TUBERCULOSIS

Sa gitna ng pagkalat ng maling impormasyon tungkol sa diumano'y bisa ng pag-inom ng gatas bilang lunas o proteksyon laban sa tuberculosis (TB), nais linawin ng **Philippine College of Physicians (PCP)** at ng **Philippine College of Chest Physicians (PCCP) Council on Tuberculosis** na ang TB ay isang sakit na dulot ng bacteria na *Mycobacterium tuberculosis*. Naipapasa ito sa hangin kapag may ubo o bahing ang taong may TB.

Ang tamang gamutan para sa aktibong TB ay binubuo ng kombinasyon ng apat na pangunahing gamot: (isoniazid, rifampin, pyrazinamide, at ethambutol) na kailangang inumin sa loob ng anim (6) na buwan. Bagamat nakatutulong ang gatas sa kalusugan ng buto, **hindi ito sapat o pamalit sa gamot sa TB.**

Kapag hindi agad ginamot ang TB, maaari itong lumala, kumalat sa ibang bahagi ng katawan, makahawa sa iba, at maaaring maging sanhi ng kamatayan.



The Lung Experts

FUTURE PLANS

1. Finalize research paper manuscript and for presentation and publication
2. Continue with the roll out of CPG
3. Additional deck of lecture slides
4. Distribution of the IEC materials to different PCCP Chapters

